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Mastering Initial /R/ Directions

Important Note: This product is intended to accompany the video lessons.

Before you begin:

Set up an account and enroll in the free class called "Mastering /R/". Bookmark the class on your computer or iPad so that you can reference it with students.

Lesson 1:

Set up:

Print pages 8 – 9 and laminate.

Make enough copies of page 10 for each student to take home.

1. Tell students that although our goal is to learn the /r/ sound, for a few speech sessions we are just going to be doing tongue exercises to get our tongues ready for /r/.
2. Explain that the key tongue exercise that we will be practicing is called "puffy tongue". With a puffy tongue your tongue is stretched from one side of your mouth to the other side. It is pulled back. With a great puffy tongue, you cannot see the back of the mouth. Use the picture on page 8 and the video lesson to demonstrate.
3. Spend the rest of the session working on creating a puffy tongue.
 - Use mirrors.
 - Demonstrate the puffy tongue multiple times and take pictures of your own puffy tongue.
 - Take videos of the student using "face cam" so they can watch themselves.
 - Tactile cues with dental swabs.
 - Lots and lots of feedback!
4. Repeat this lesson for up to three sessions until the student gets the puffy tongue.
5. The instant that the student gets a puffy tongue, take photos and praise. Have the student repeat the puffy tongue for as long as possible.
6. Give student the practice page (page 9). For each picture that they touch (or cover with a bingo chip), practice another puffy tongue.
7. Send the student home with the worksheet (page 10) to practice puffy tongue in front of a mirror at home.

Lesson 2:

Set up:

Print pages 11 – 12 and laminate

Print enough copies of page 13 for each student to take home

1. Explain to the students that our tongue exercises are now going to include a sound, but we are not yet making it into an /r/ sound.
2. Teach students the “aaaaa” sound (like you would say at the doctor’s office). Practice this sound while making the puffy tongue.. Use page 11 and the video lesson to demonstrate.
3. Have students practice making the puffy tongue + “a” sound.
4. Give the students the practice page (page 12). For each picture that they touch (or cover with a bingo chip), practice another puffy tongue with the sound.
5. Send the student home with the worksheet (page 13) to practice puffy tongue with “a” sound in front of a mirror at home.

Lesson 3:

Set up:

Print pages 14 – 15 and laminate.

Print enough copies of page 16 for each student to take home.

1. Inform students that now we are going to add more sounds to our puffy tongue. We are going to start with our puffy tongue “a” and add long vowels. These are the vowels that say their name.
2. Teach making a puffy tongue “a” and sliding your voice into a long “A”. Repeat for the other vowels. Note not to say the “U” letter, but instead change it to “oo” to avoid the consonant sound. Use page 14 and the video lesson to demonstrate.
3. Have students practice sliding their puffy tongue “a” into each vowel.
4. Give student the laminated practice page (page 15). For each picture that they touch (or cover with a bingo chip), practice another puffy tongue with vowel.
5. Send the student home with the worksheet (page 16) to practice puffy tongue in front of a mirror at home.

Lesson 4:

Set up:

Print pages 17 – 18 and laminate.

Print enough copies of page 19 for each student to take home.

1. Tell students that now we are going to add more sounds to our puffy tongue. We are going to start with our puffy tongue “a” and add short vowels.
2. Teach making a puffy tongue “a” and sliding your voice into a short “a”. Repeat for the other vowels. Use page 17 and the video lesson to demonstrate.
3. Have students practice sliding their puffy tongue “a” into each vowel.
4. Give student the laminated practice page (page 18). For each picture that they touch (or cover with a bingo chip), practice another puffy tongue with vowel.
5. Send the student home with the worksheet (page 19) to practice puffy tongue in front of a mirror at home.

Lesson 5:

Set up:

Print pages 20 – 21 and laminate.

Print enough copies of page 22 for each student to take home.

1. Inform students that we are getting close to making our /r/ sounds now! Explain that we are now going to add an actual word ending onto our puffy tongue “a”.
2. Teach making a puffy tongue “a” and sliding your voice a word ending. Repeat for the other word endings. Use page 20 and the video lesson to demonstrate.
3. Have students practice sliding their puffy tongue “a” into each word ending.
4. Give student the laminated practice page (page 21). For each picture that they touch (or cover with a bingo chip), practice another puffy tongue with word ending.
5. Send the student home with the worksheet (page 22) to practice puffy tongue with word endings in front of a mirror at home.

Lesson 6:

Set up:

Print pages 23 – 24 and laminate.

Print enough copies of page 25 for each student to take home.

1. Explain to students that now it is time to magically shape that puffy tongue “a” into an “R” sound. See the video for a demonstration.
2. With the new “puffy tongue /r/” add the same word endings. Use page 23 and the video lesson to demonstrate.
3. Have students practice sliding their new /r/ sound into each word ending.
4. Give student the laminated practice page (page 24). For each picture that they touch (or cover with a bingo chip), practice /r/ + word endings.
5. Send the student home with the worksheet (page 25) to their new /r/ plus word endings in front of a mirror at home.

Lesson 7:

Set up:

Print pages 26 – 27 and laminate.

Print enough copies of page 28 for each student to take home.

1. Inform students that we are officially making /r/ sounds now! Explain that we are going to practice one syllable /r/ words today.
2. Teach making one syllable /r/ words. Use page 26 and the video lesson to demonstrate.
3. Have students practice one syllable /r/ words.
4. Give student the laminated practice page (page 27). For each picture that they touch (or cover with a bingo chip), practice single syllable /r/ words.
5. Send the student home with the worksheet (page 28) to practice single syllable /r/ words.

Lesson 8:

Set up:

Print pages 29 – 30 and laminate.

Print enough copies of page 31 for each student to take home.

1. Explain to students that they will now be using their new /r/ sounds with multi-syllable words. Teach the students what multi-syllabic words are.
2. Teach making /r/ with multi-syllabic words. Use page 29 and the video lesson to demonstrate.
3. Have students practice /r/ words with multi-syllabic words.
4. Give student the laminated practice page (page 30). For each picture that they touch (or cover with a bingo chip), practice /r/ in multi-syllabic words.
5. Send the student home with the worksheet (page 31) to their new /r/ in multi-syllabic words.

Lesson 9:

Set up:

Print pages 32 – 33 and laminate.

Print enough copies of page 34 for each student to take home.

1. Explain to students that they will now be using their new /r/ sounds in different words. These words are a bit tricky because they involve closing the lips. It is very important to keep your lips open when making that /r/ sound.
2. Teach making /r/ with bilabial words. Use page 32 and the video lesson to demonstrate.
3. Have students practice /r/ words with bilabials.
4. Give student the laminated practice page (page 33). For each picture that they touch (or cover with a bingo chip), practice /r/ with bilabials.
5. Send the student home with the worksheet (page 34) to their new /r/ plus word endings in front of a mirror at home.

Lesson 10:

Set up:

Print pages 35 – 36 and laminate.

Print enough copies of page 37 for each student to take home.

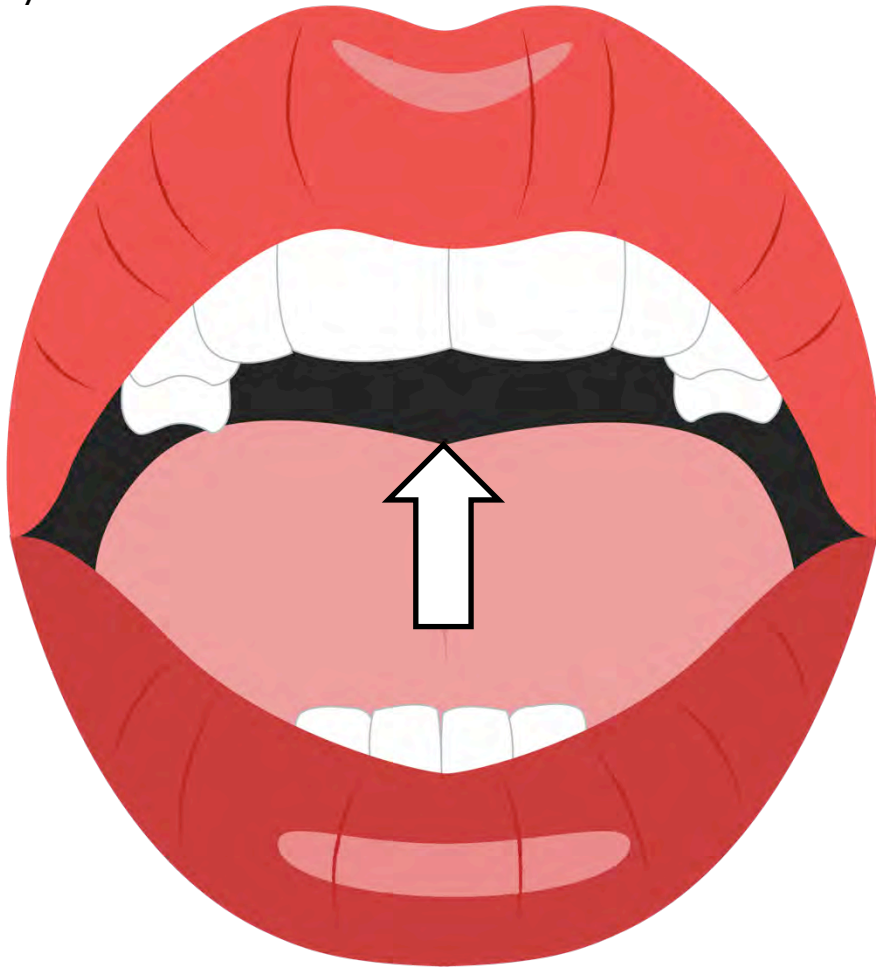
1. Explain to students that now it this is the last lesson for mastering initial /r/. They are going to be using /r/ with many different types of words.
2. Teach initial /r/ with a variety of words: bilabial, multi-syllabic, mixed. Use page 35 and the video lesson to demonstrate.
3. Have students practice /r/ with mixed words.
4. Give student the laminated practice page (page 36). For each picture that they touch (or cover with a bingo chip), practice /r/ words.
5. Send the student home with the worksheet (page 27) to their new /r/ plus word endings in front of a mirror at home.

Follow up and Next Steps

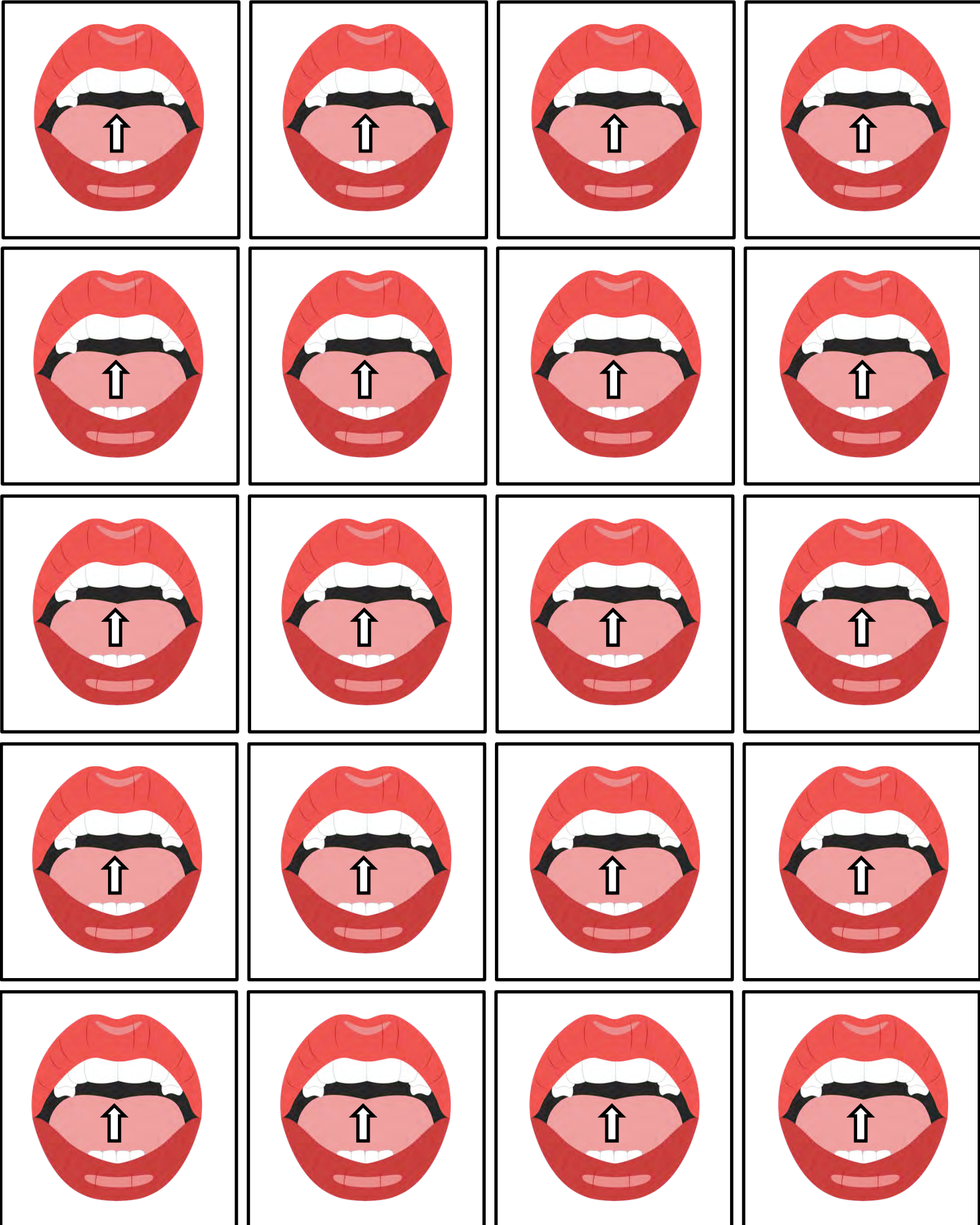
1. Print out the certificate (page 38) and give to the student as recognition that they have completed these lessons.
2. Begin working on initial /r/ in phrases and sentences.
3. Start teaching vocalic /r/.

LESSON 1: PUFFY TONGUE

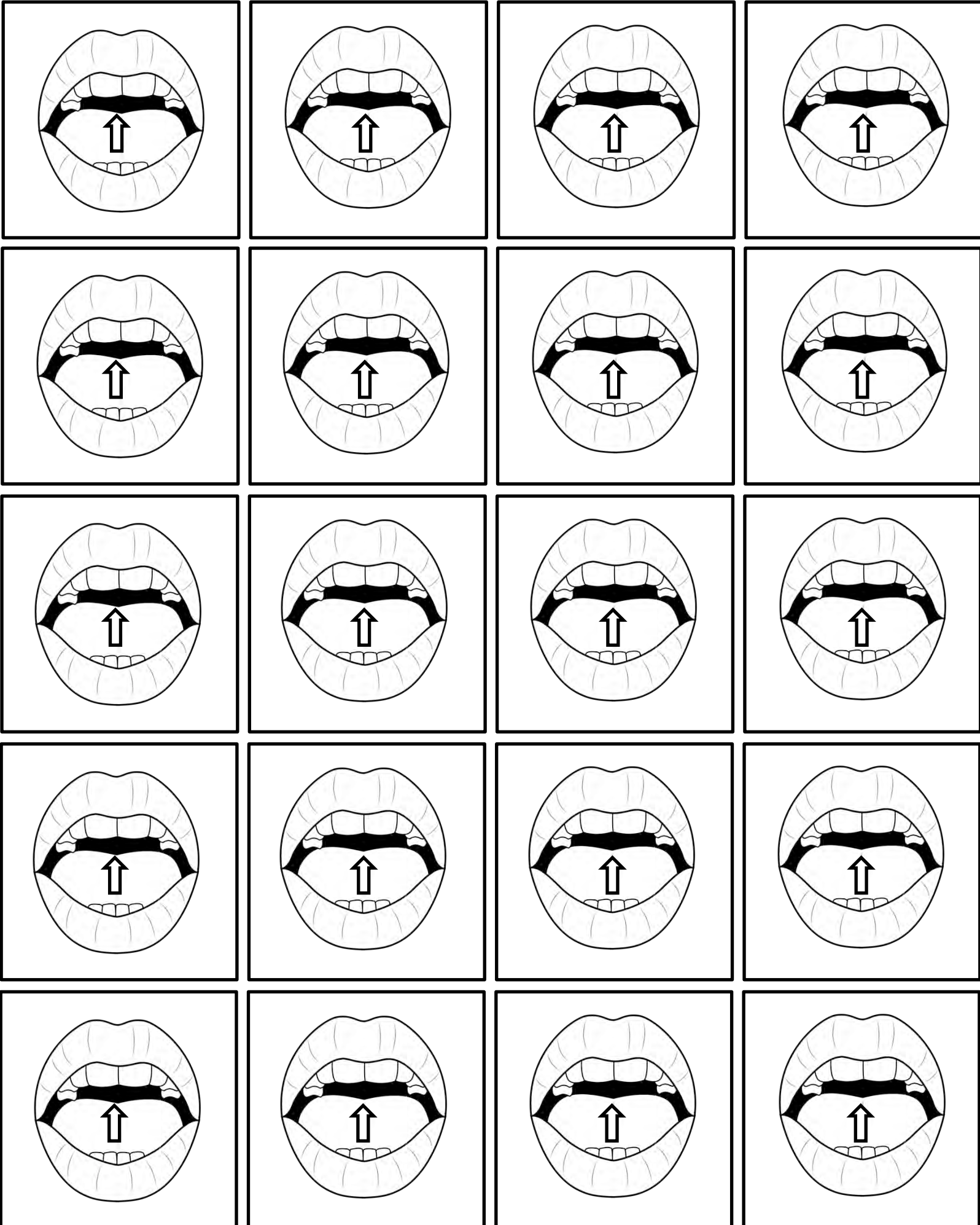
To make a puffy tongue, pull your tongue back in your mouth and stretch the edges from side to side near your top molars. Keep your mouth open and make your tongue as wide as you can.



Each time that you correctly make a puffy tongue, cross off one mouth.

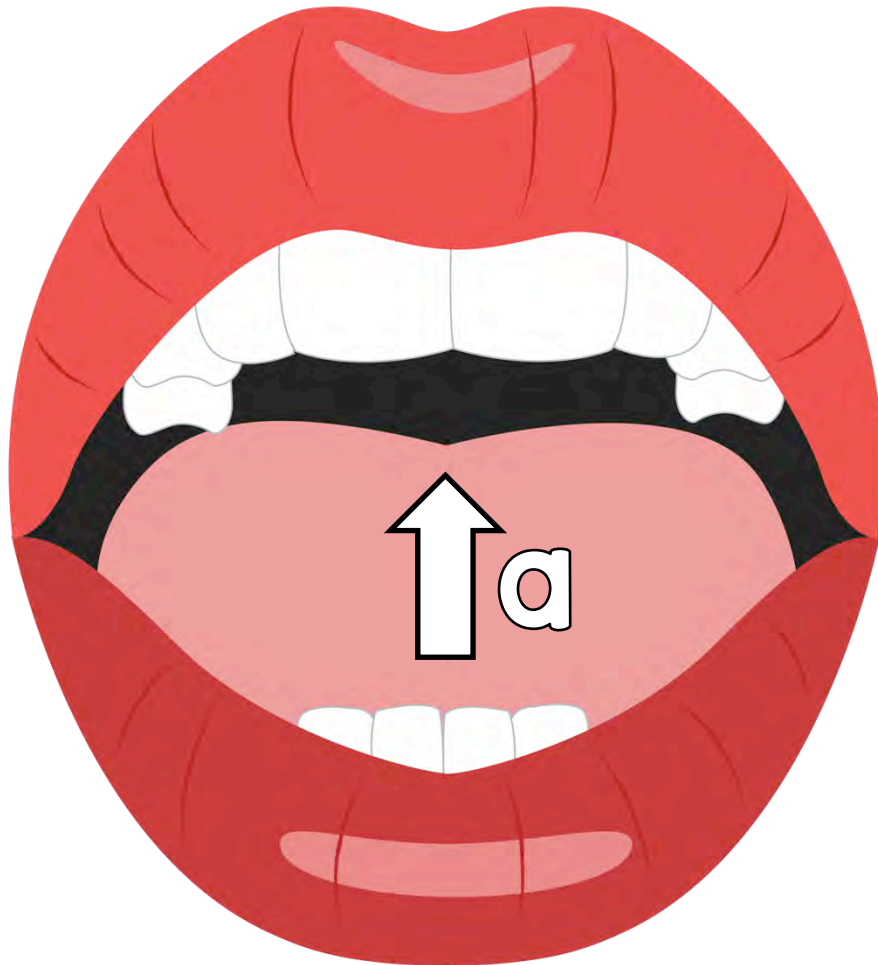


Each time that you correctly make a puffy tongue, cross off one mouth.



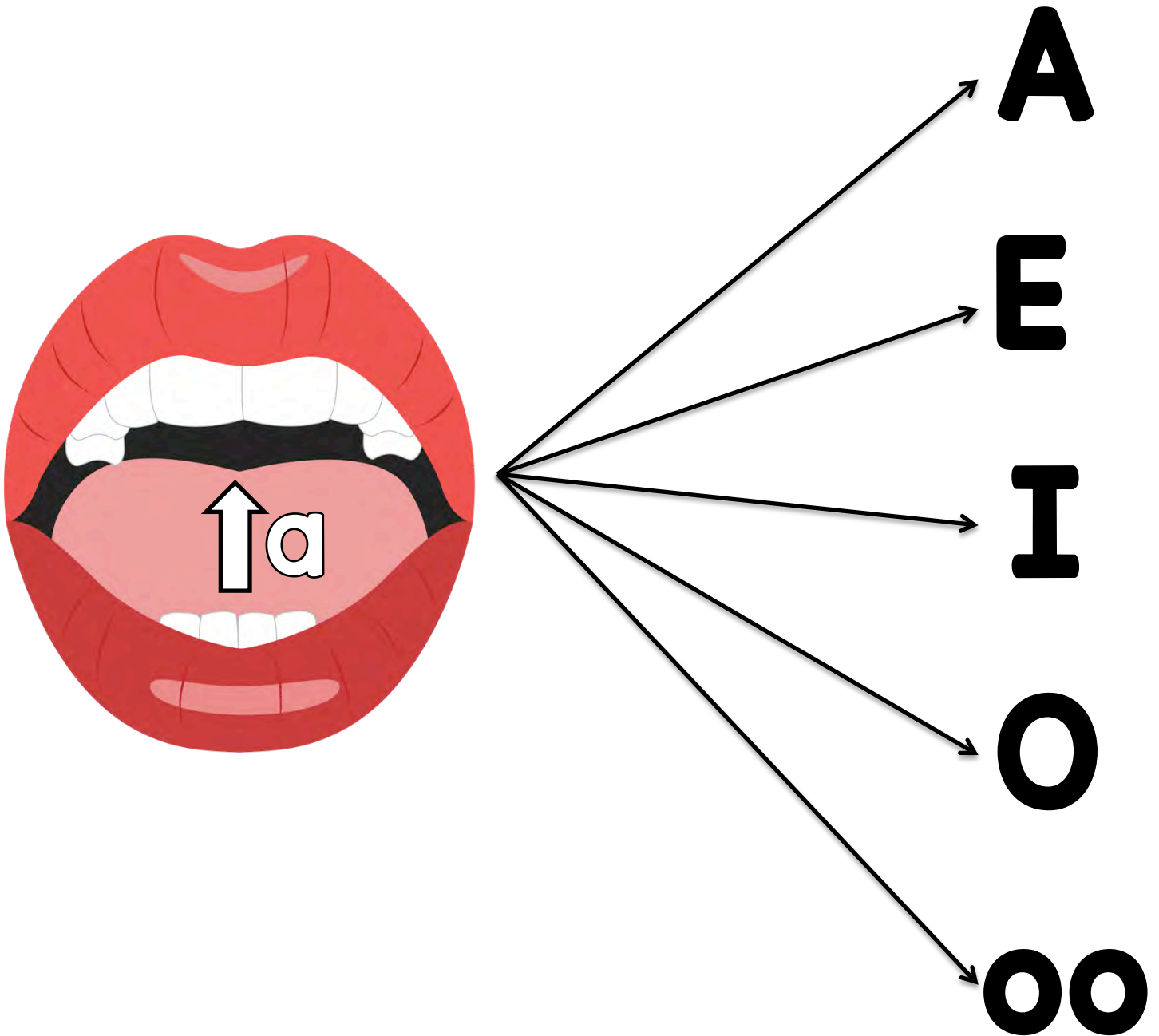
LESSON 2: PUFFY TONGUE WITH SHORT “A”

Make your puffy tongue, now add the short vowel “a”. Keep your puffy tongue strong while vocalizing. Hold it for as long as you can.

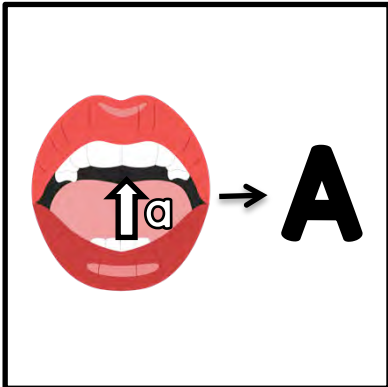
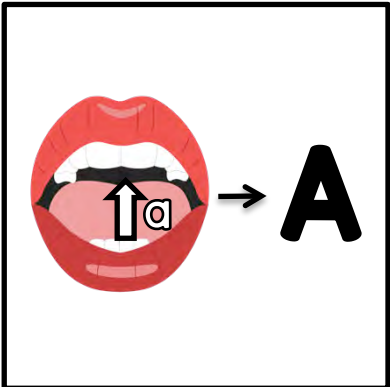
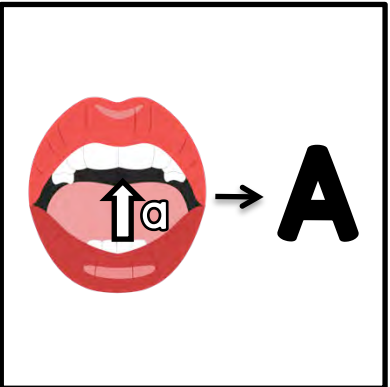
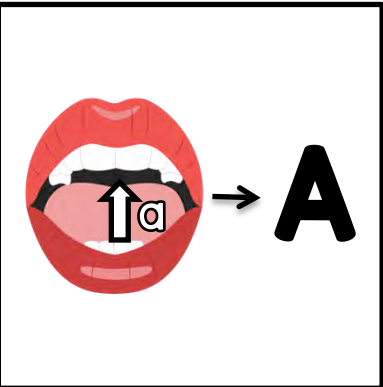
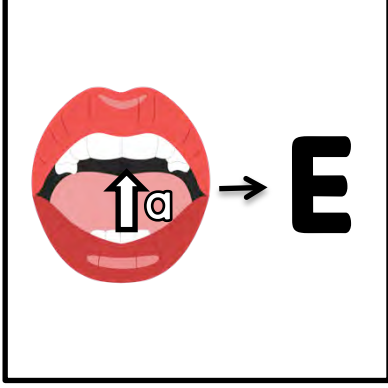
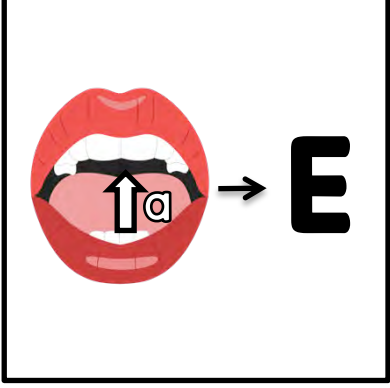
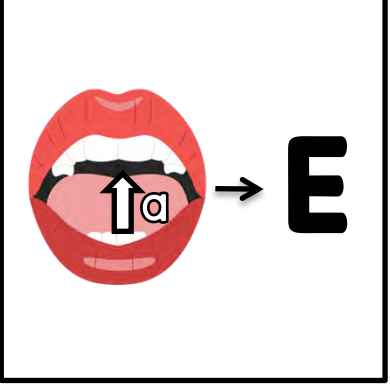
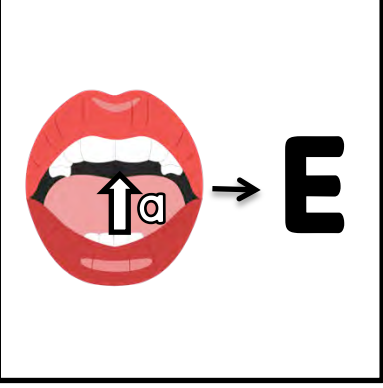
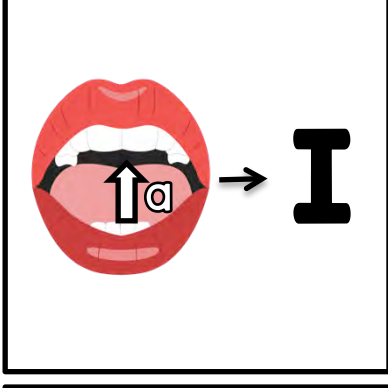
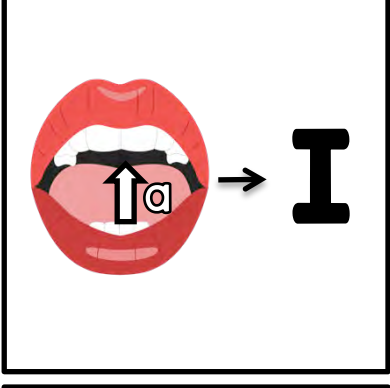
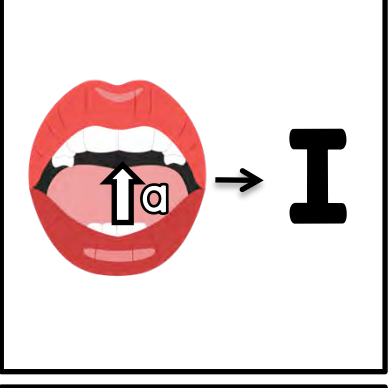
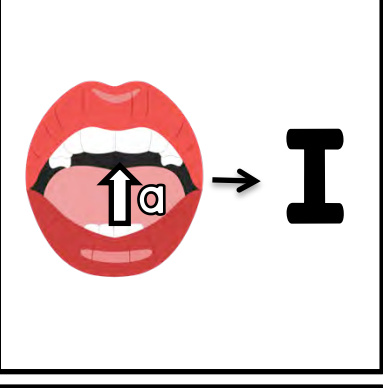
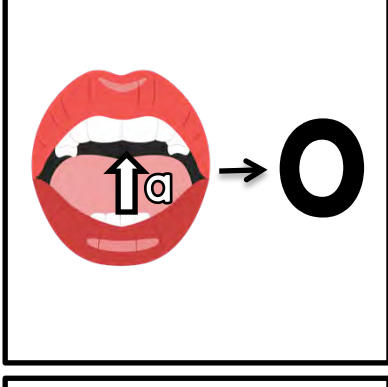
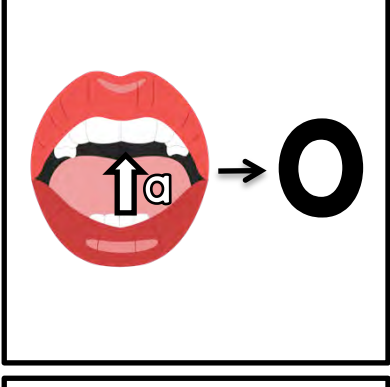
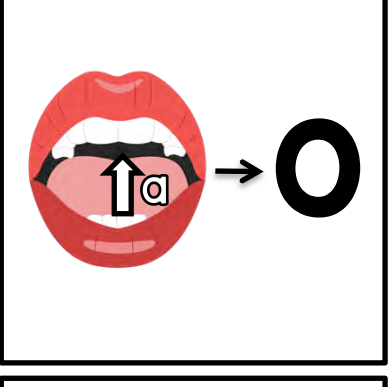
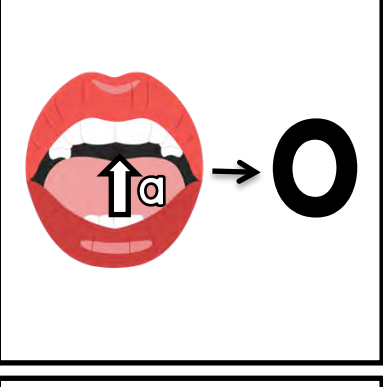
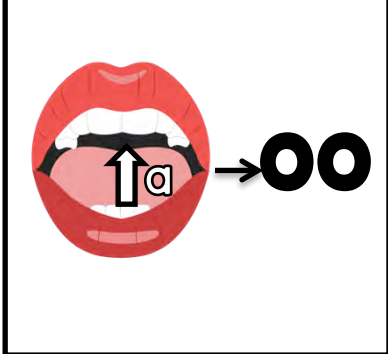
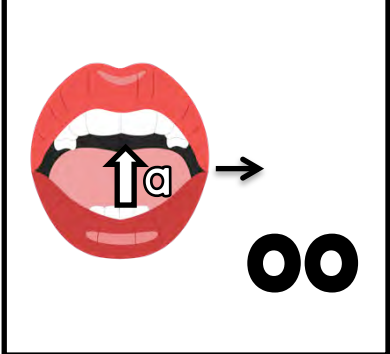
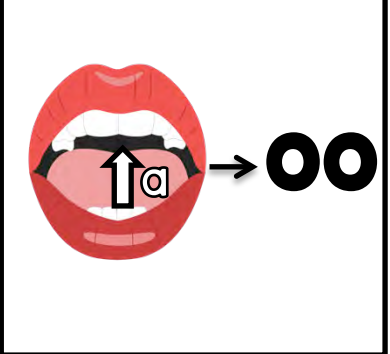
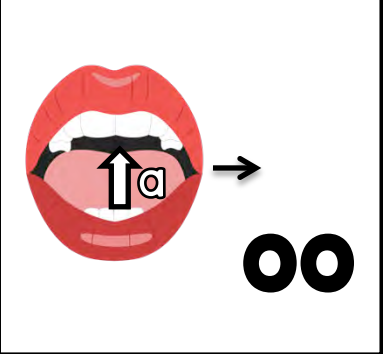


LESSON 3: PUFFY TONGUE “a” + LONG VOWELS

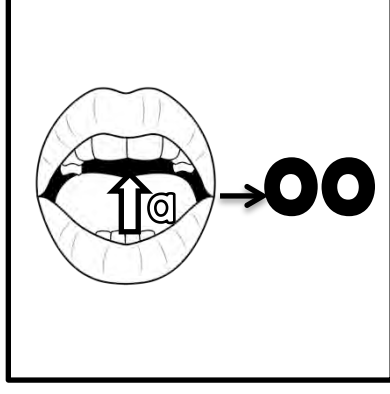
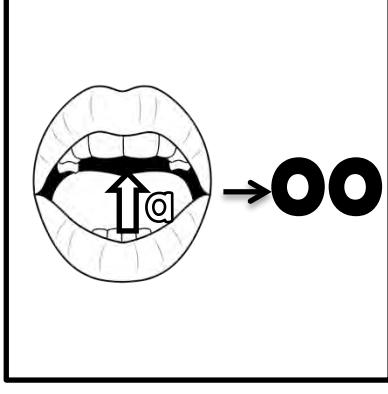
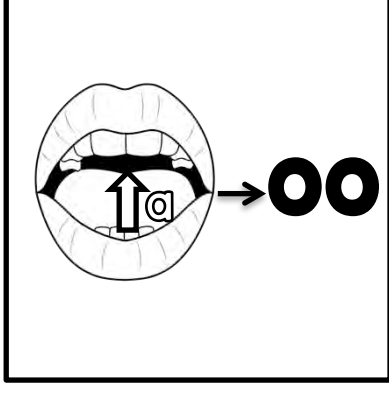
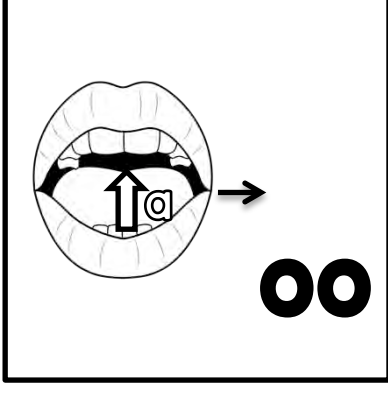
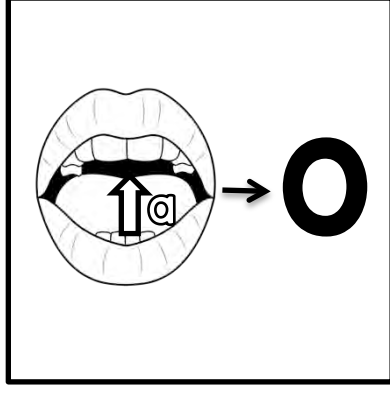
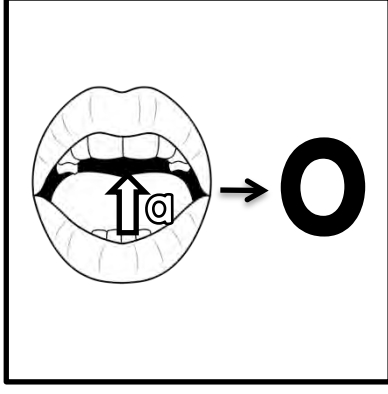
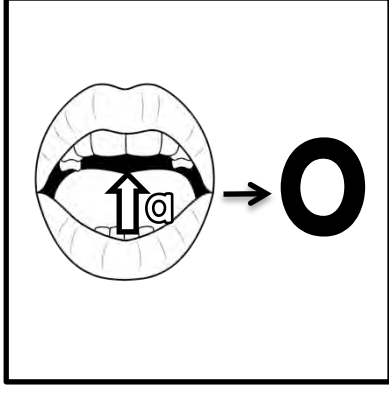
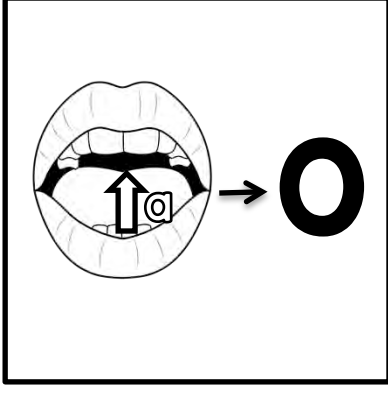
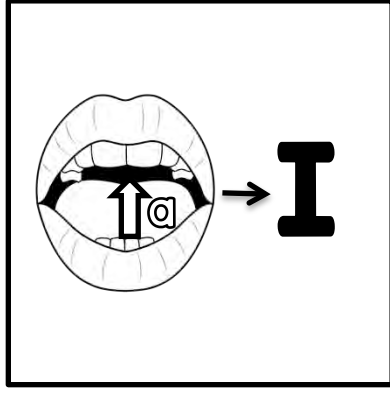
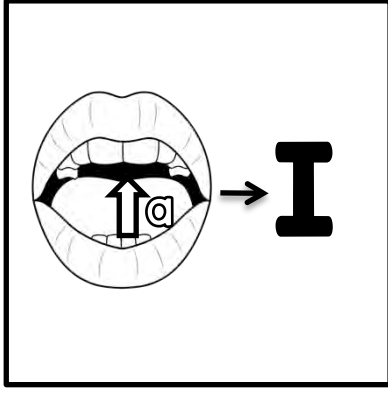
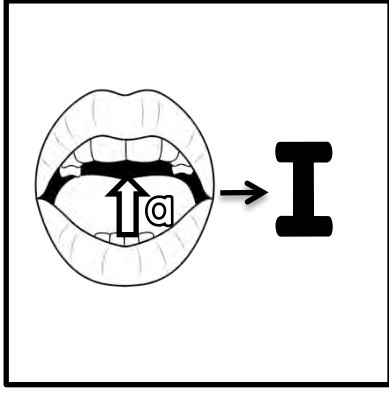
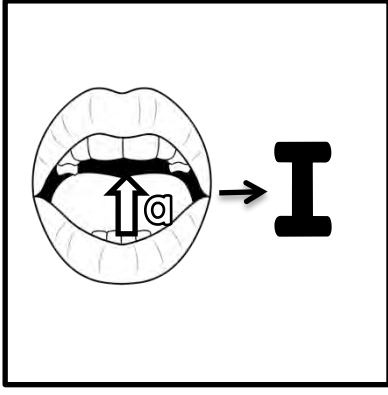
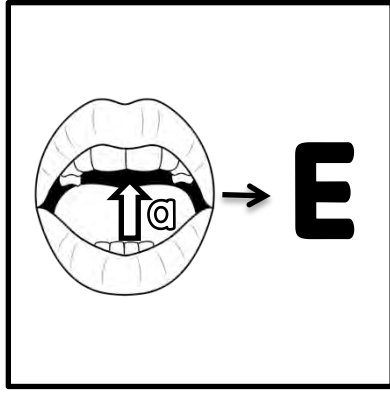
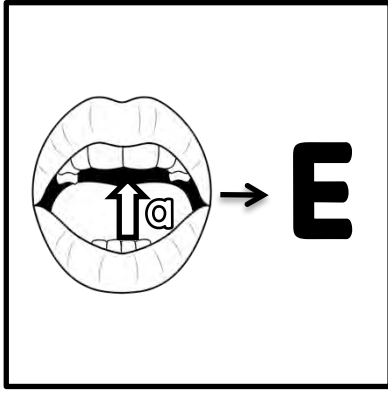
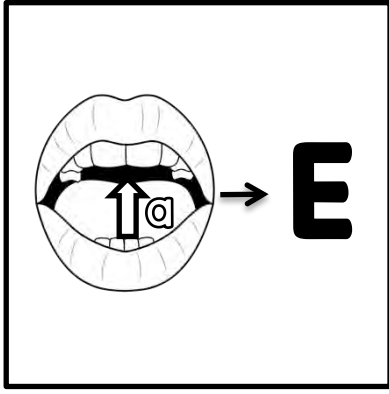
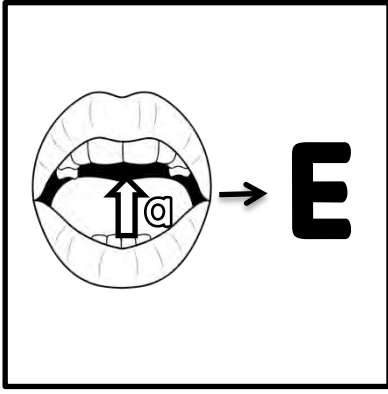
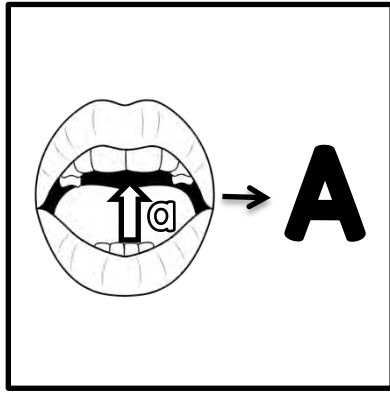
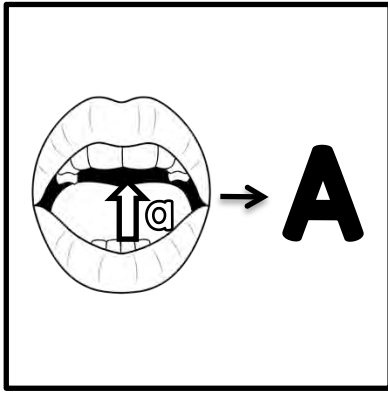
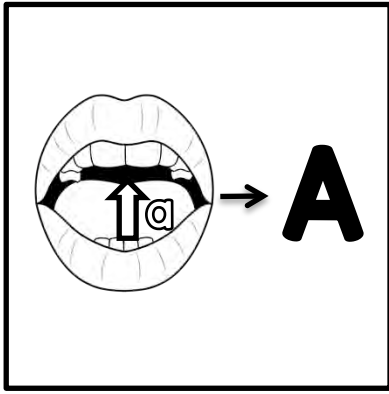
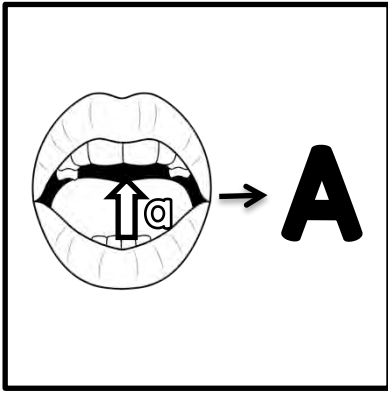
Hold your puffy tongue with “a” and slide into each vowel sound.



Each time that you correctly slide from puffy tongue to the vowel, cross off one mouth.

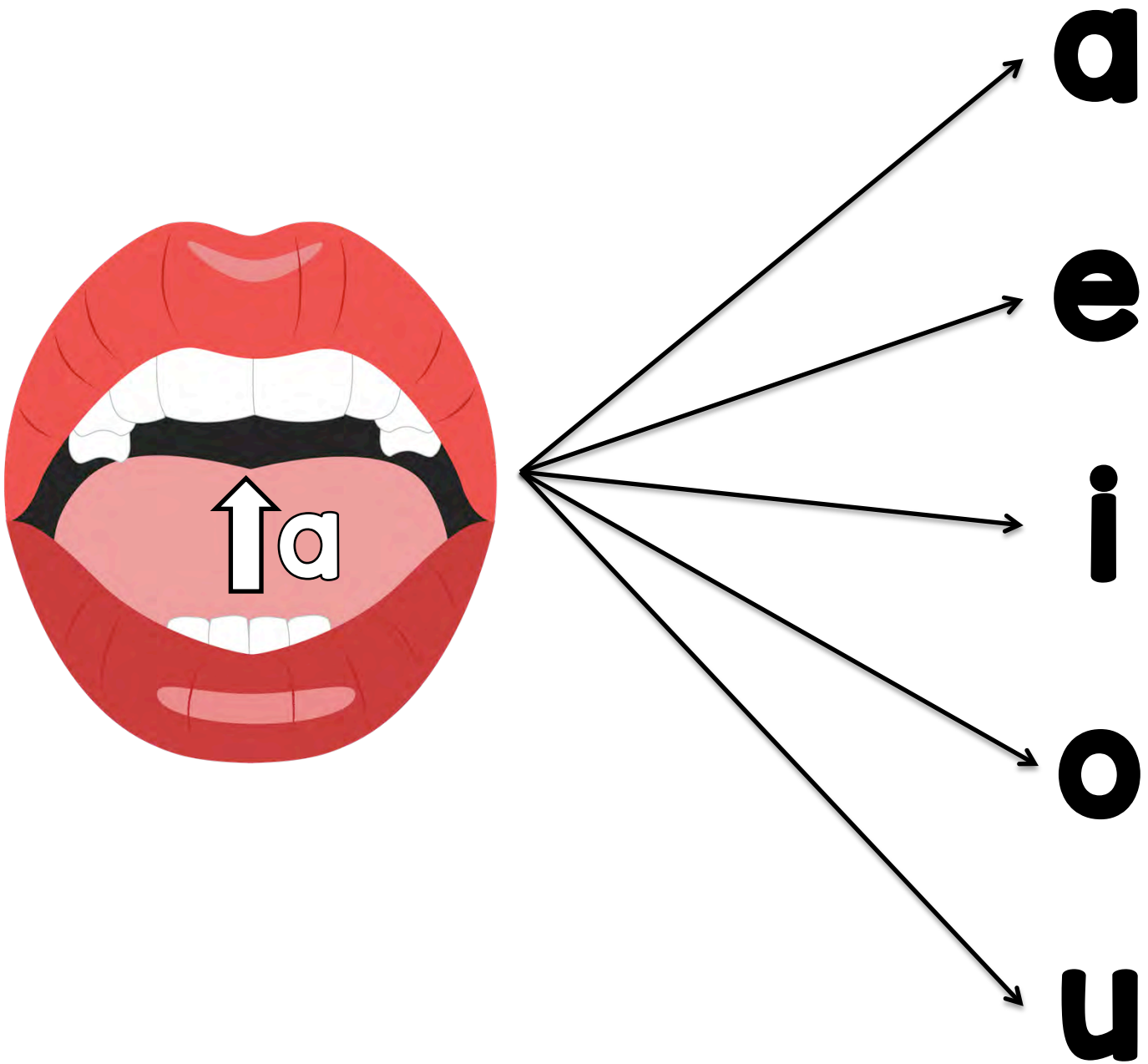
			
			
			
			
			

Each time that you correctly slide from puffy tongue to the vowel, cross off one mouth.

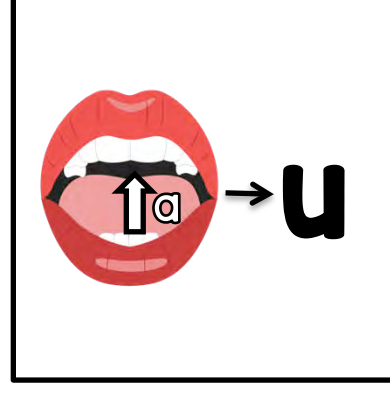
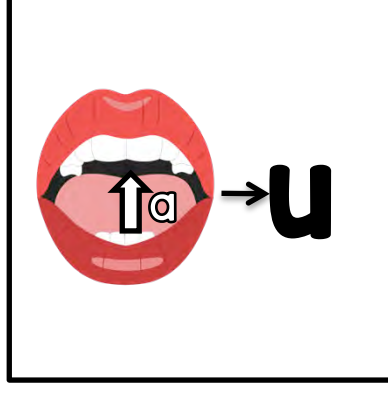
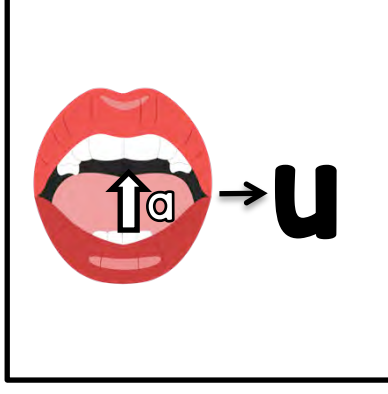
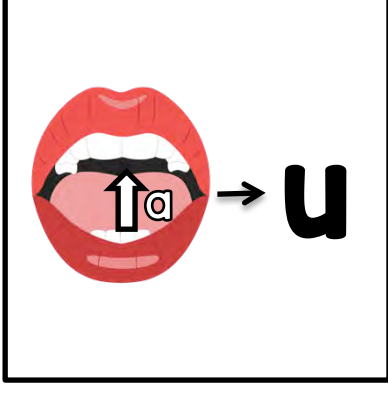
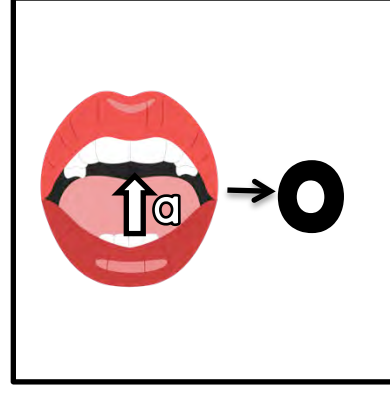
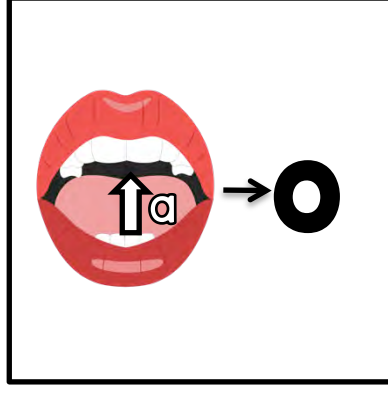
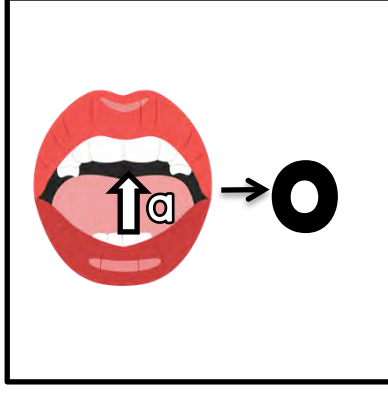
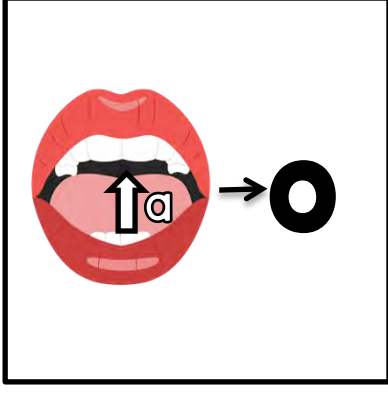
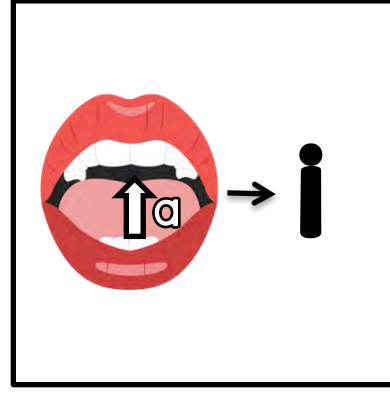
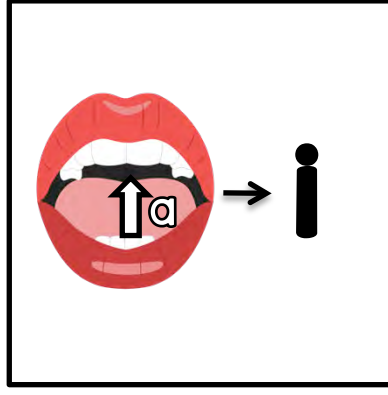
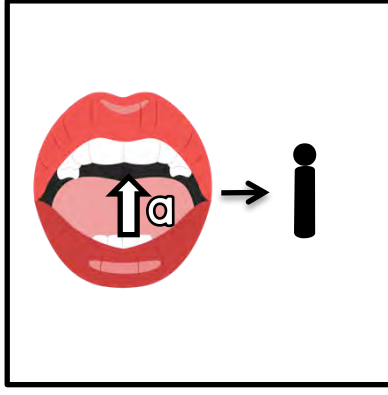
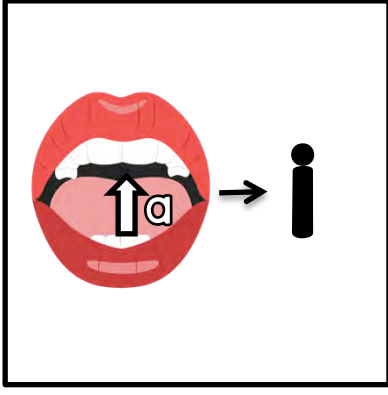
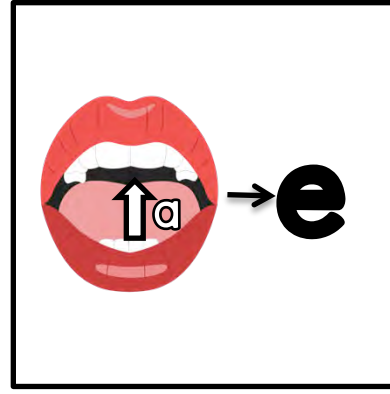
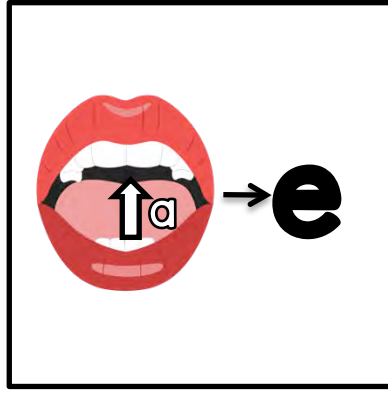
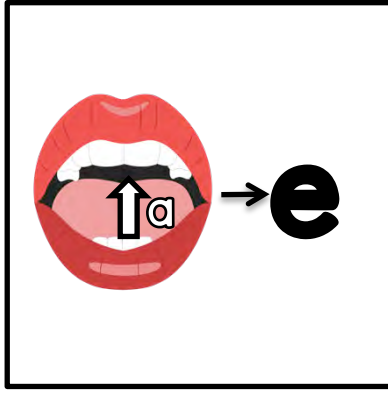
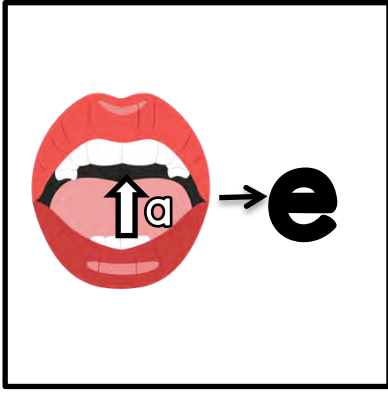
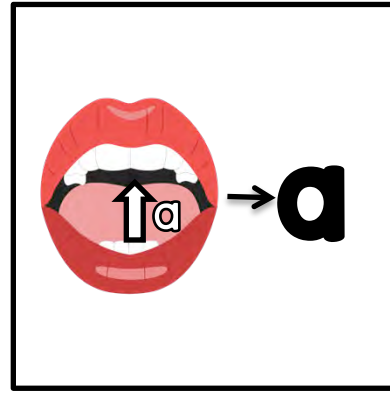
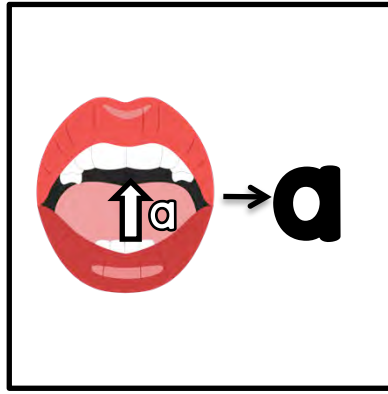
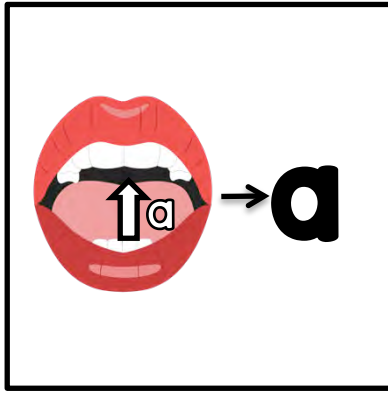
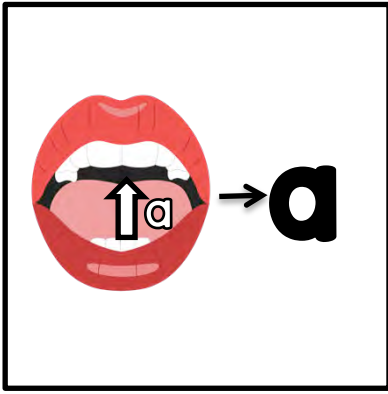


LESSON 4: PUFFY TONGUE “a” + SHORT VOWELS

Hold your puffy tongue with “a” and slide into each long vowel sound.

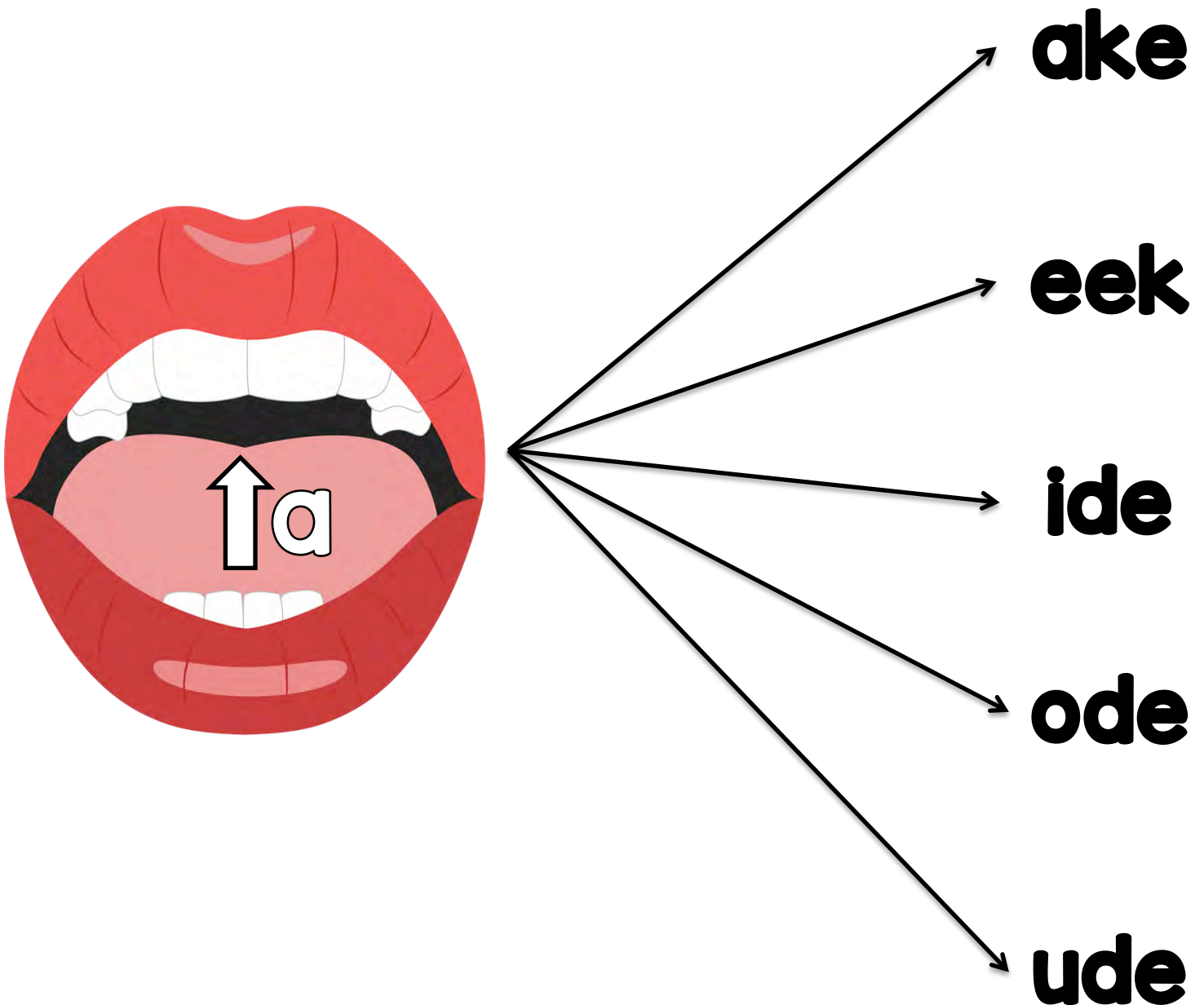


Each time that you correctly slide from puffy tongue to the vowel, cross off one mouth.

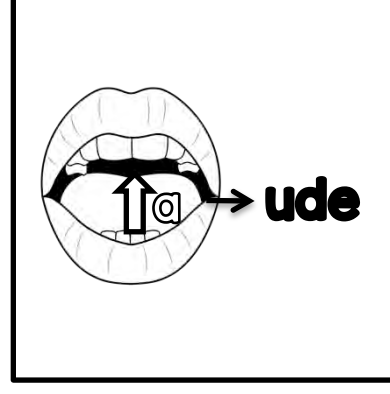
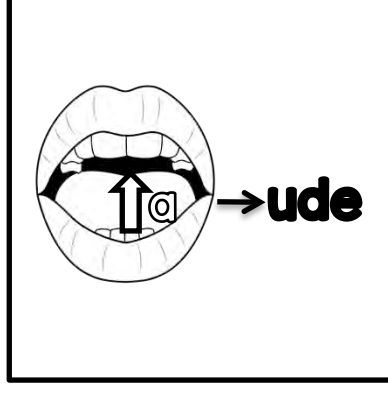
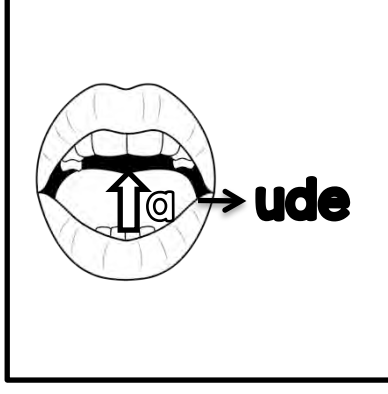
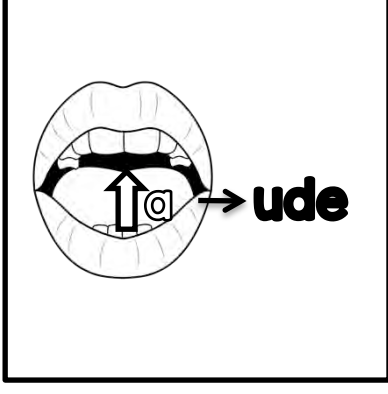
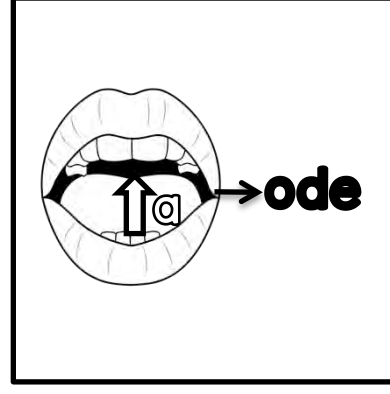
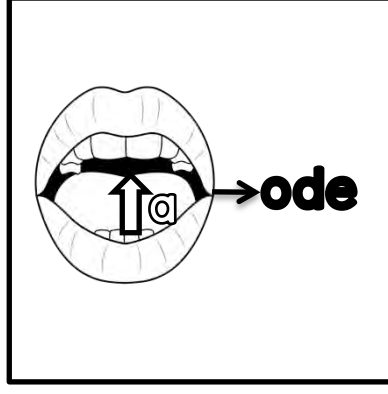
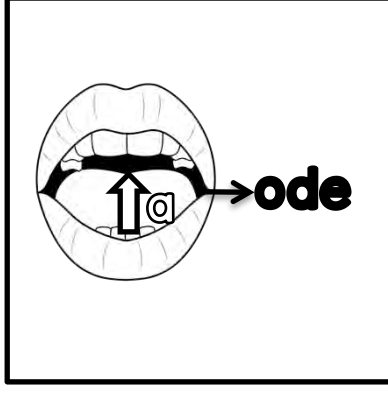
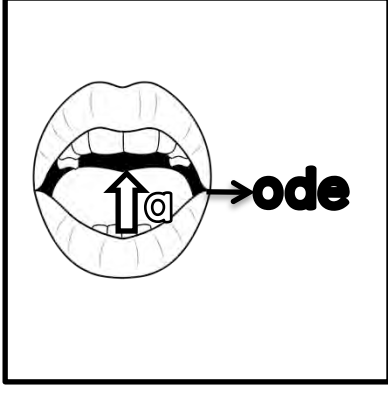
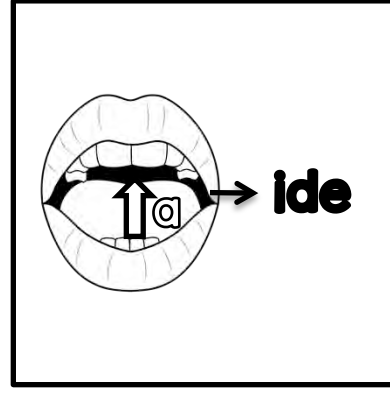
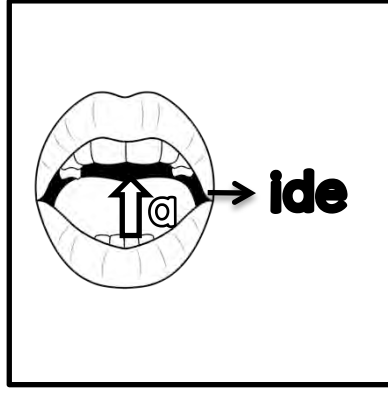
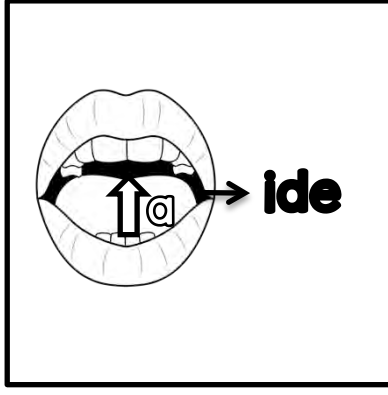
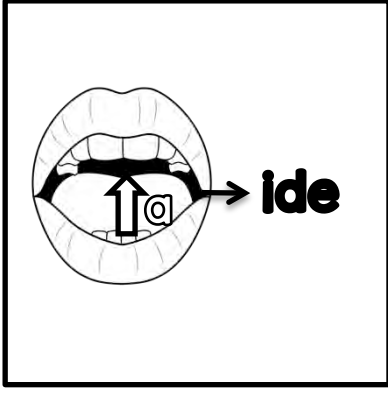
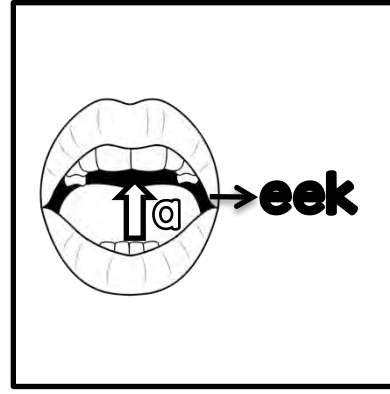
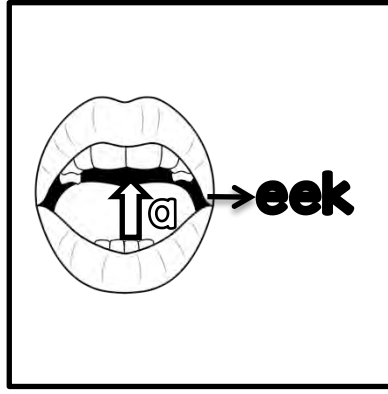
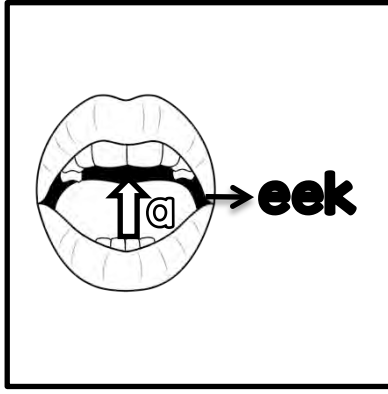
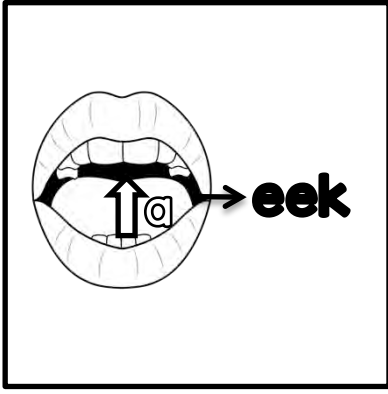
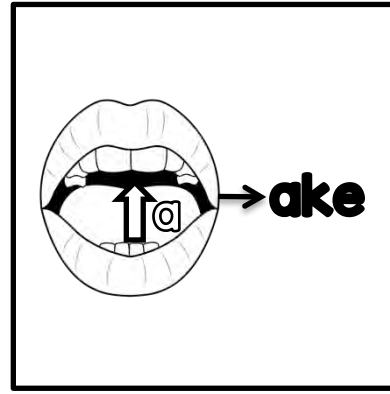
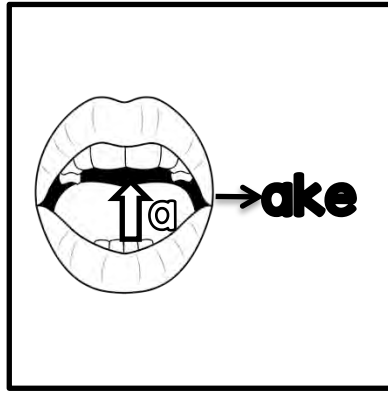
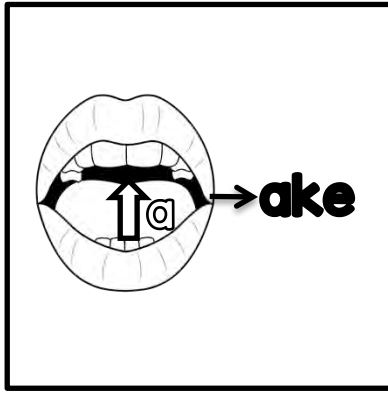
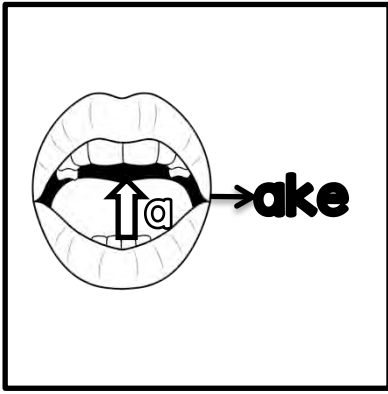


LESSON 5: PUFFY TONGUE “a” to WORD ENDING

Hold your puffy tongue with “a” and slide into each word ending.

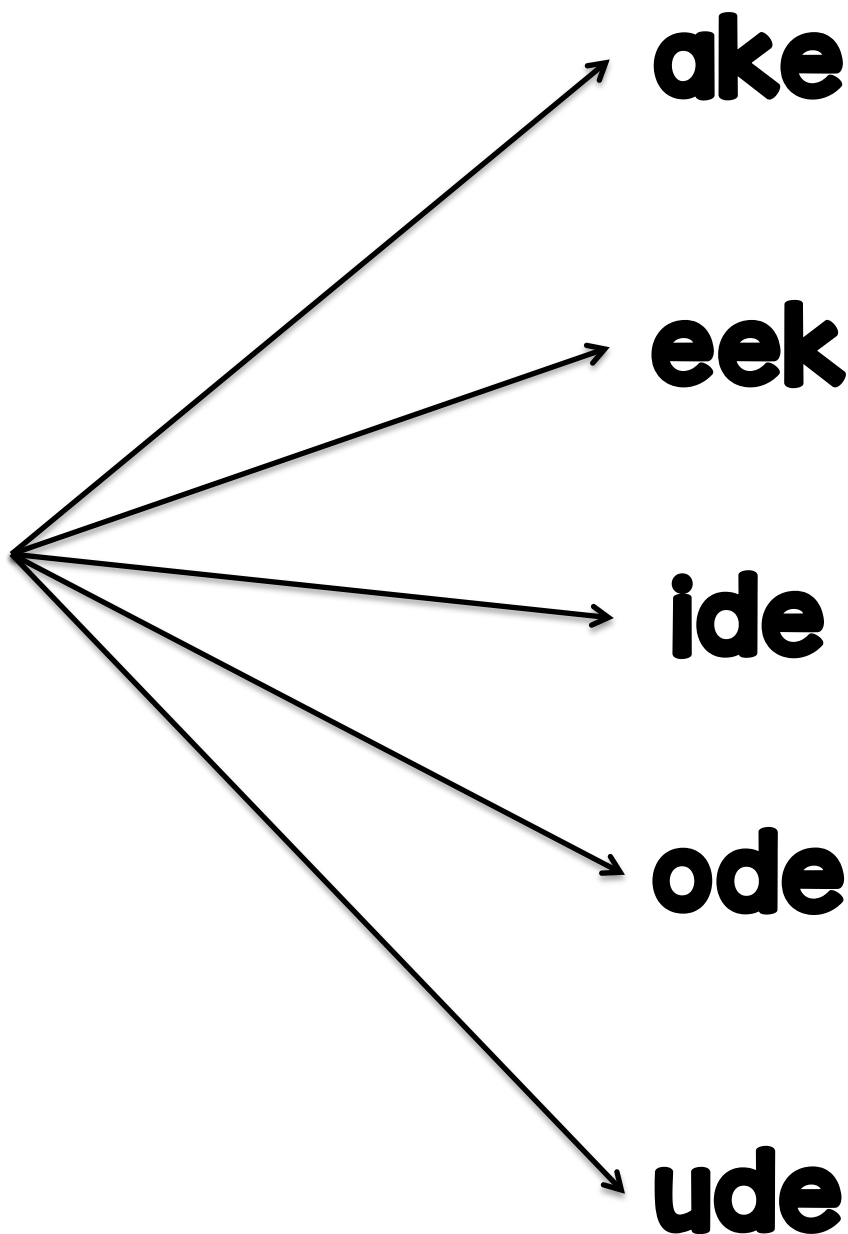
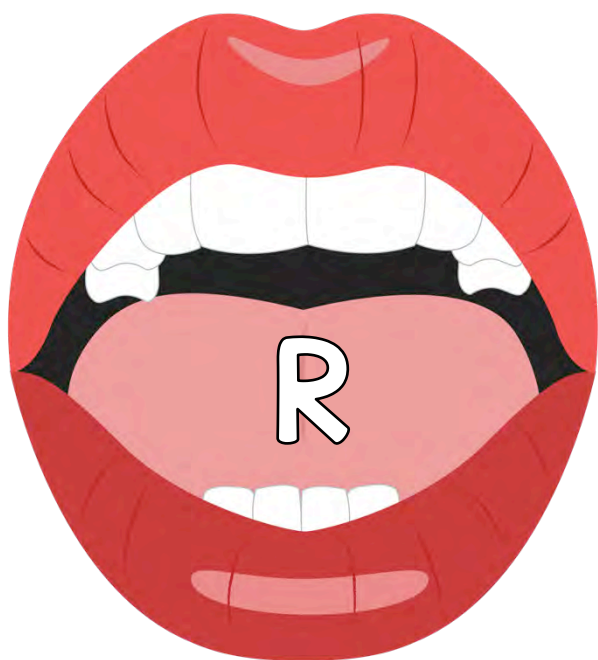


Each time that you correctly slide from puffy tongue to the word ending, cross off one mouth.

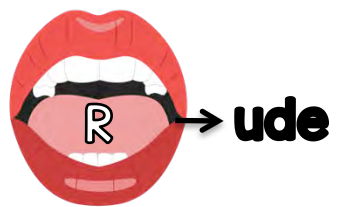
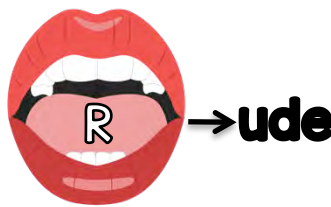
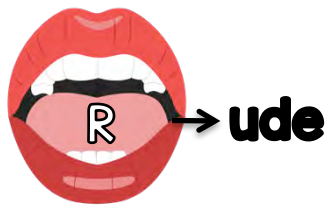
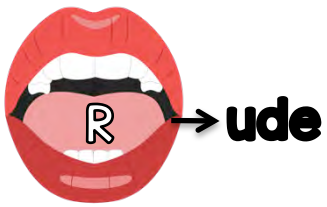
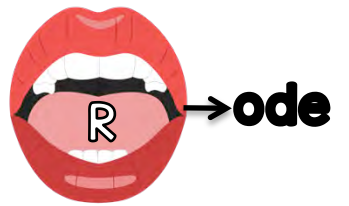
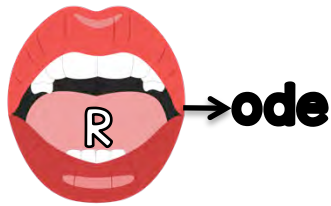
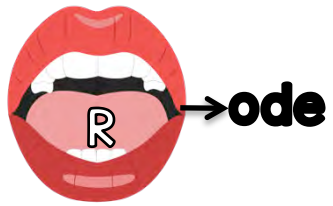
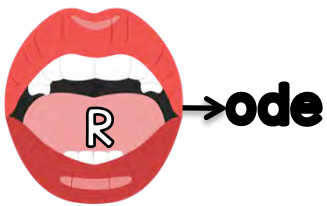
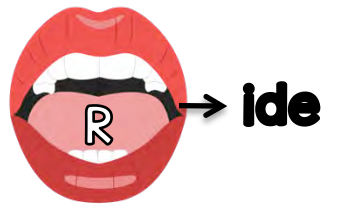
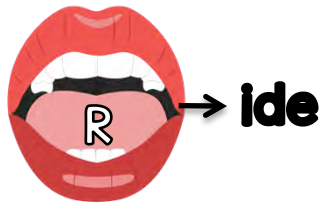
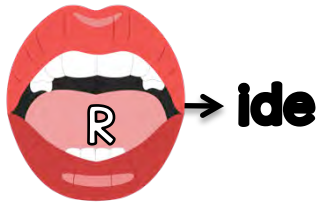
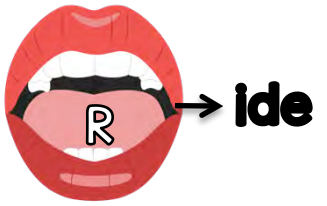
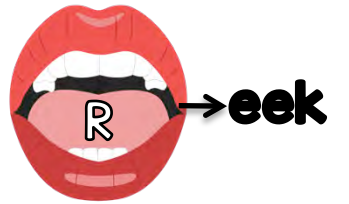
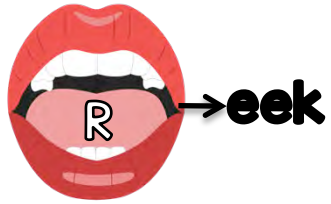
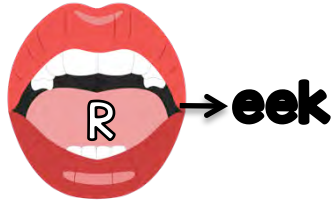
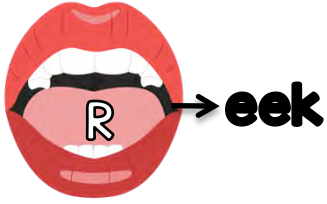
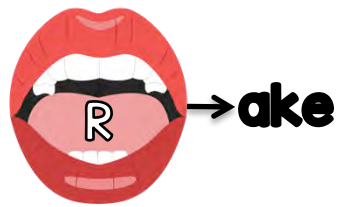
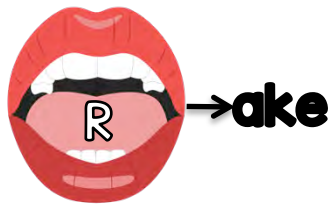
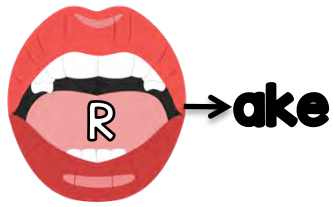
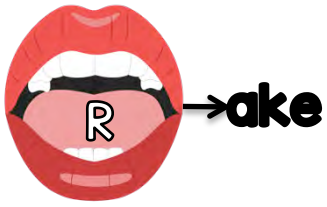


LESSON 6: "R" + LONG VOWELS + WORD ENDING

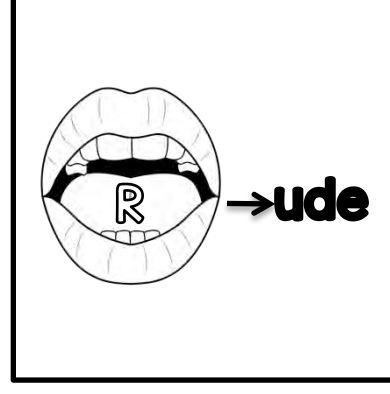
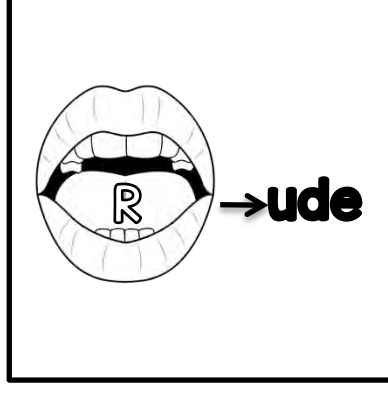
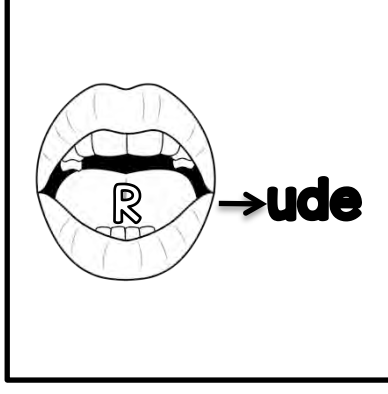
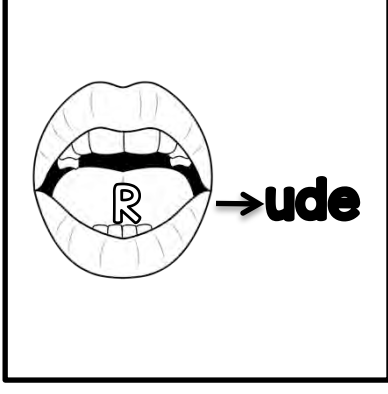
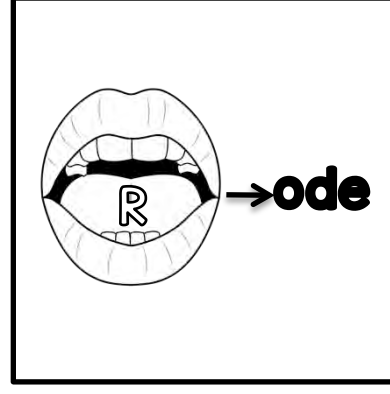
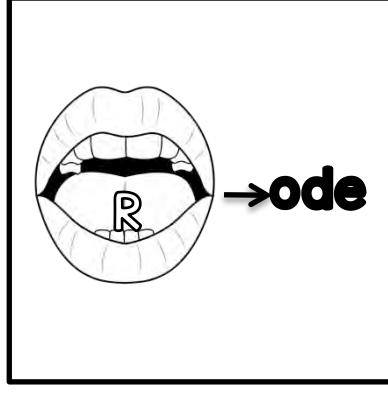
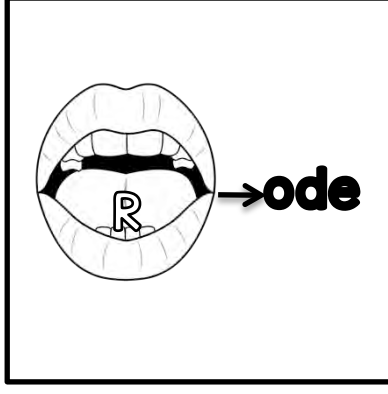
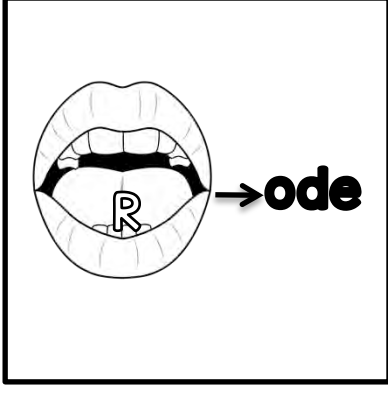
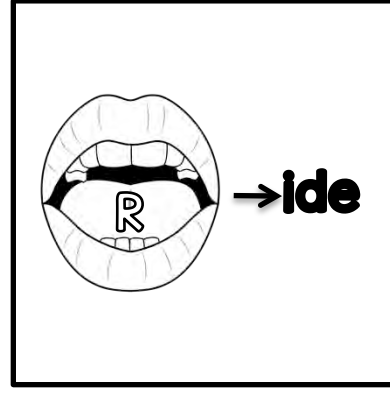
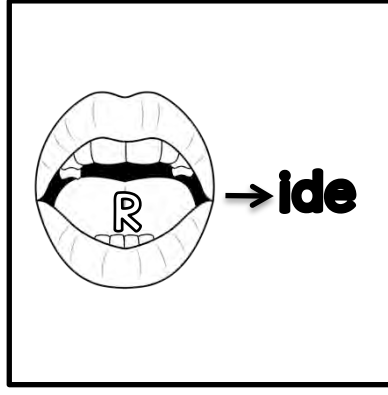
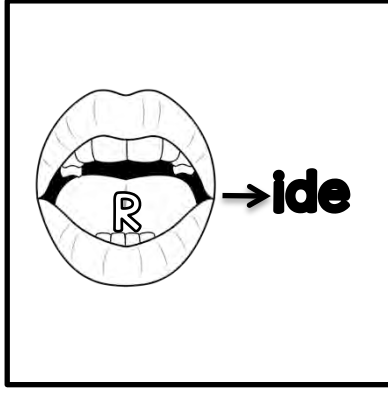
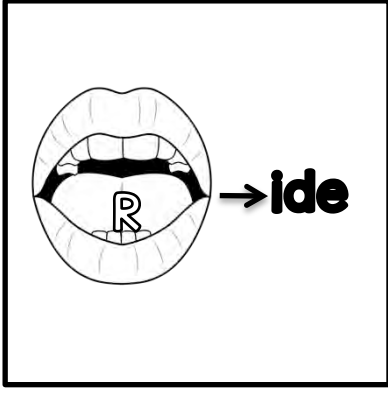
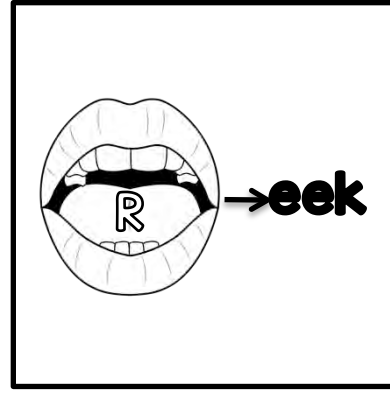
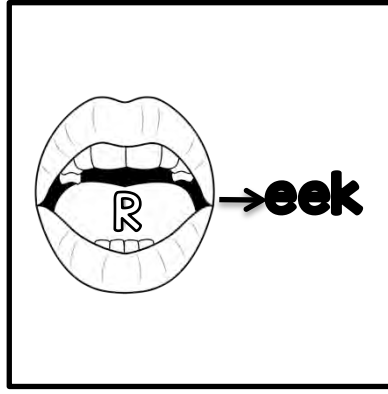
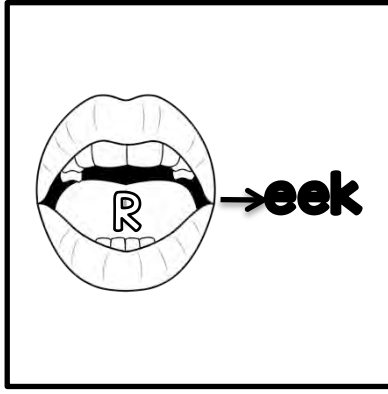
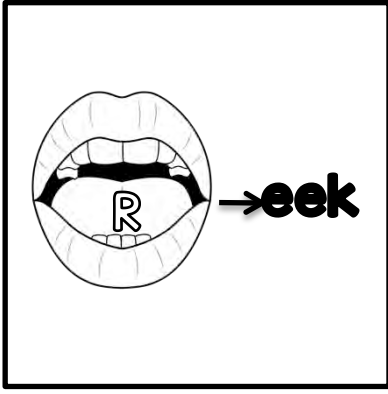
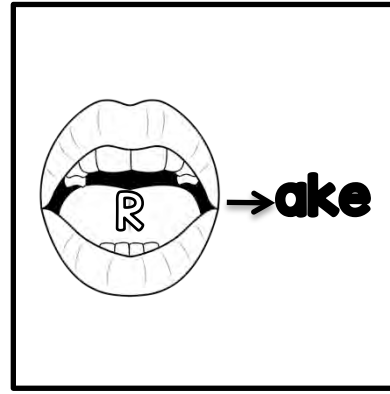
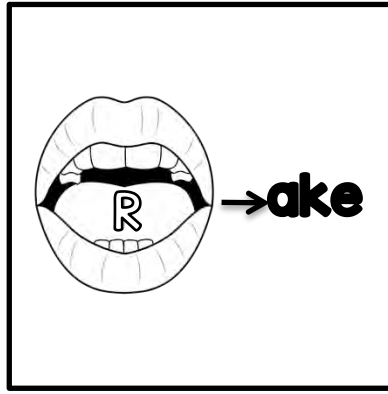
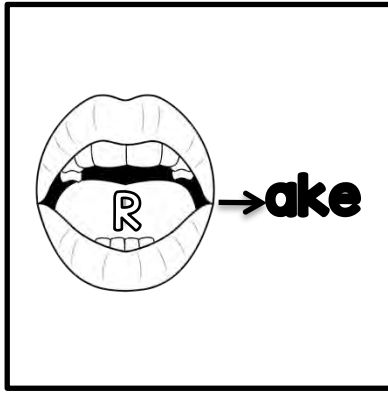
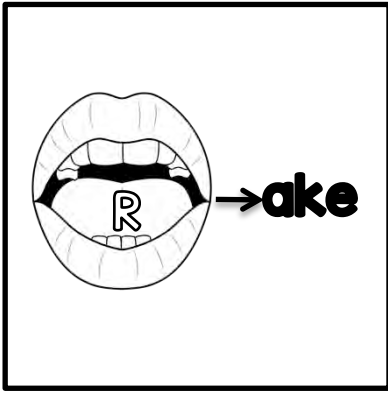
Shape your puffy tongue "a" into an "R" sound. Slide into each word ending.



Each time that you correctly slide from "R" to the word ending, cross off one mouth.

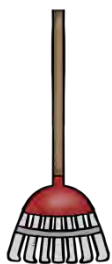


Each time that you correctly slide from "R" to the word ending, cross off one mouth.



LESSON 7: SAY THE 1-SYLLABLE WORD

Say each word with your new "R" sound.



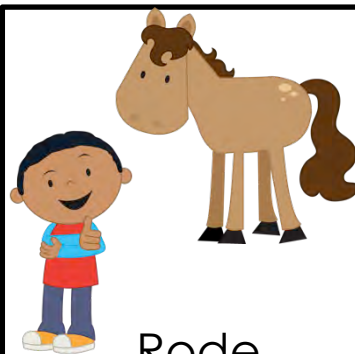
Rake



Reek



Ride



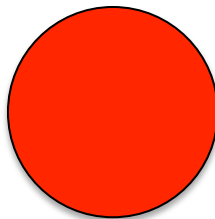
Rode



Rude



Rat

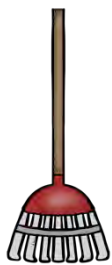


Red



Rock

Each time that you correctly say the word with your new R sound, cross off the picture.



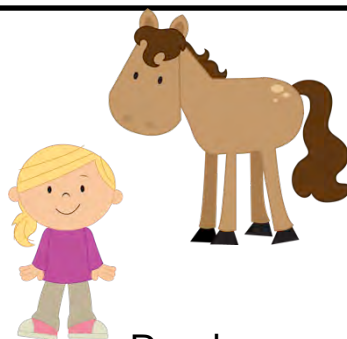
Rake



Reek



Ride



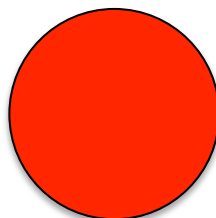
Rode



Rude



Rat



Red



Rock



Rug



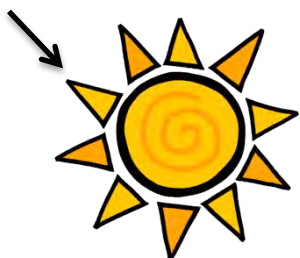
Run



Rain



Roof



Ray



Read



Right



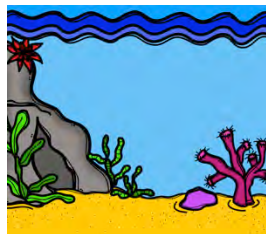
Road



Rose



Rice

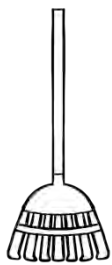


Reef



Roll

Each time that you correctly say the word with your new R sound, cross off the picture.



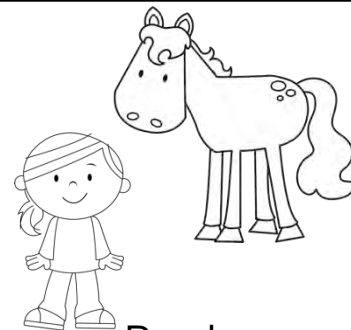
Rake



Reek



Ride



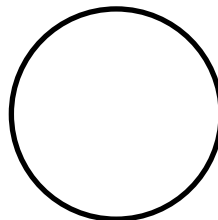
Rode



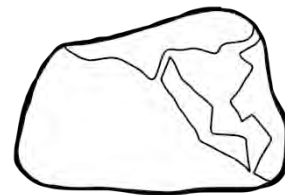
Rude



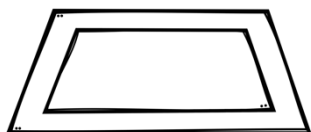
Rat



Red (color me!)



Rock



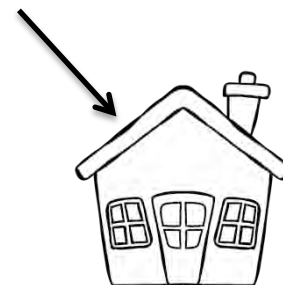
Rug



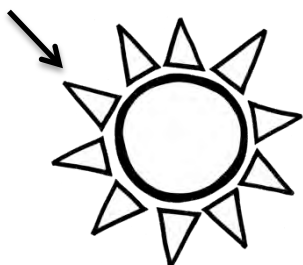
Run



Rain



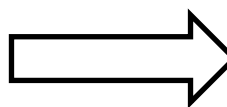
Roof



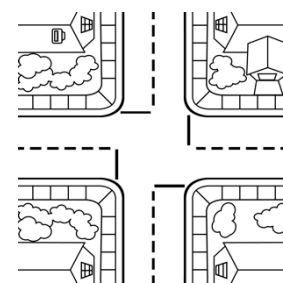
Ray



Read



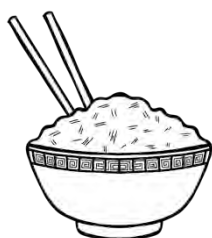
Right



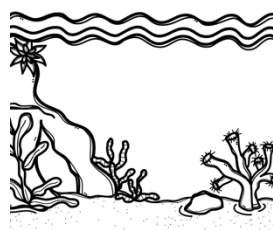
Road



Rose



Rice



Reef



Roll

LESSON 8: SAY THE MULTI-SYLLABIC WORD

Say each word with your new "R" sound.



Raccoon



Rescue



Rain coat



Raking



Recycle



Rattle



Reading



Recess

Each time that you correctly say the word with your new R sound, cross off the picture.



Raccoon



Rescue



Rain coat



Raking



Recycle



Rattle



Reading



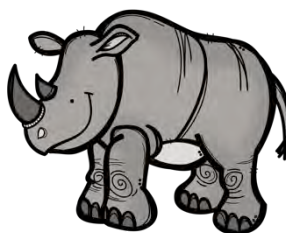
Recess



Riding



Running



Rhino



Ring



Rodent



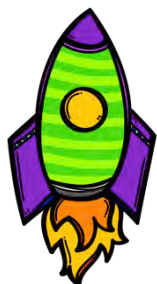
Racket



Relax



Writing



Rocket



Rolling



Rectangle

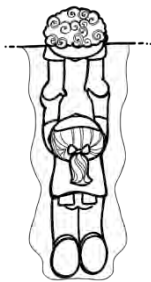


Riddle

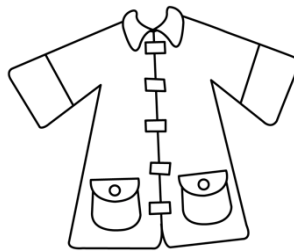
Each time that you correctly say the word with your new R sound, cross off the picture.



Raccoon



Rescue



Rain coat



Raking



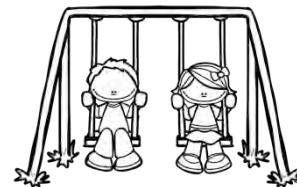
Recycle



Rattle



Reading



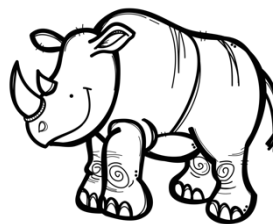
Recess



Riding



Running



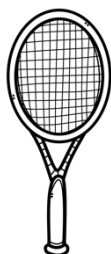
Rhino



Ring



Rodent



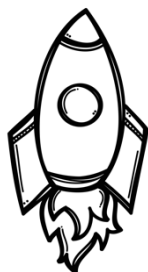
Racket



Relax



Writing



Rocket



Rolling



Rectangle



Riddle

LESSON 9: SAY THE 1-SYLLABLE WORD WITH BILABIALS

Say each word with your new "R" sound.



Ram



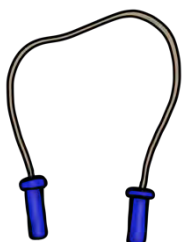
Rib



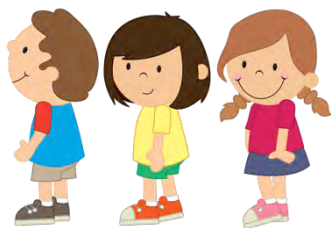
Rub



Wrap



Rope



Row



Room



Robe

Each time that you correctly say the word with your new R sound, cross off the picture.



Ram



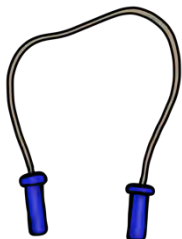
Rib



Rub



Wrap



Rope



Row



Room



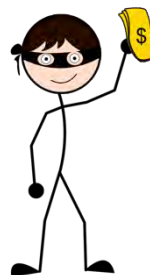
Robe



Rhyme



Rip



Rob



Ripe



Ram



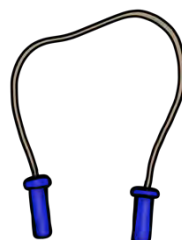
Rib



Rub



Wrap



Rope



Row



Room



Robe

Each time that you correctly say the word with your new R sound, cross off the picture.



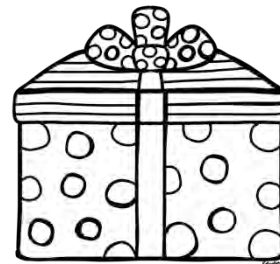
Ram



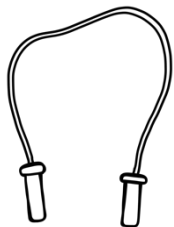
Rib



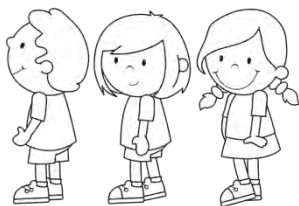
Rub



Wrap



Rope



Row



Room



Robe



Rhyme



Rip



Rob



Ripe



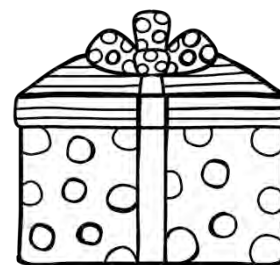
Ram



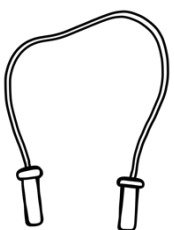
Rib



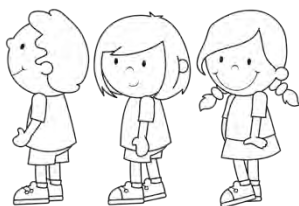
Rub



Wrap



Rope



Row



Room



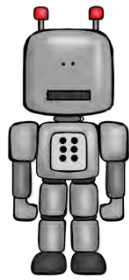
Robe

LESSON 10: SAY THE MULTI-SYLLABIC WORD WITH BILABIALS

Say each word with your new "R" sound.



Rabbit



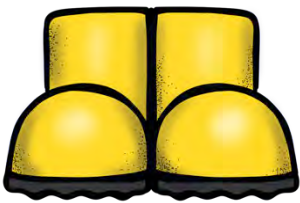
Robot



Wrapping



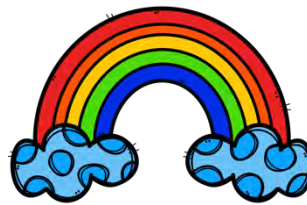
Reptile



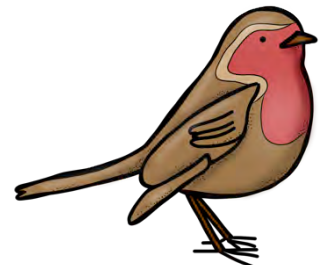
Rain boots



Ribbon



Rainbow

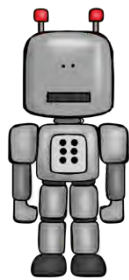


Robin

Each time that you correctly say the word with your new R sound, cross off the picture.



Rabbit



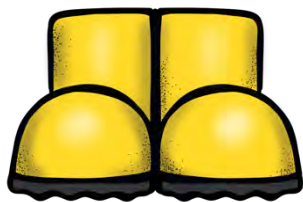
Robot



Wrapping



Reptile



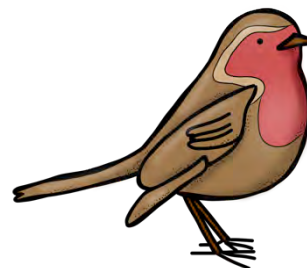
Rain boots



Ribbon



Rainbow



Robin



Rock band



Rowboat



Root beer



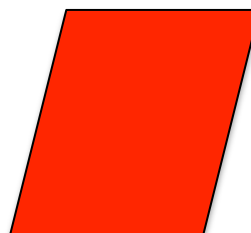
Recipe



Redwood



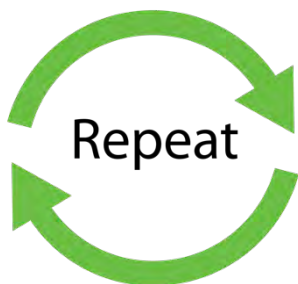
Remote



Rhombus



Ruby



Repeat



Remove



Roommate

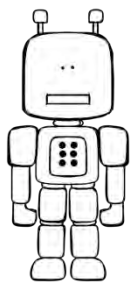


Respect

Each time that you correctly say the word with your new R sound, cross off the picture.



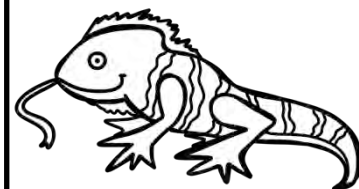
Rabbit



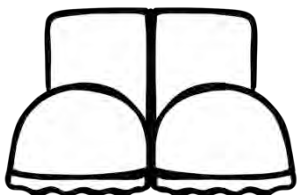
Robot



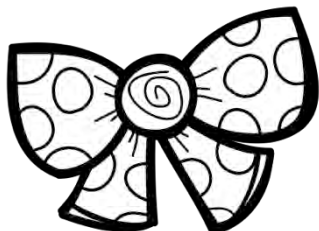
Wrapping



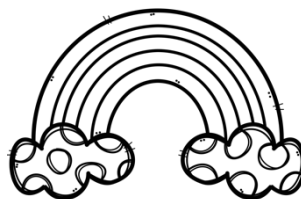
Reptile



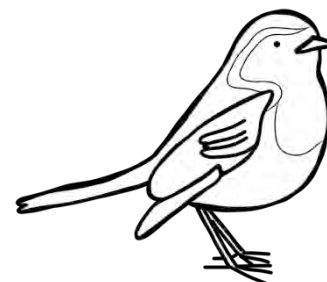
Rain boots



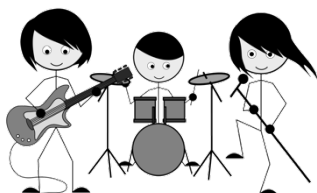
Ribbon



Rainbow



Robin



Rock band



Rowboat



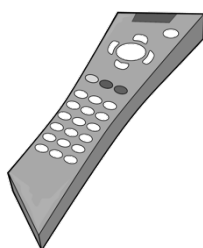
Root beer



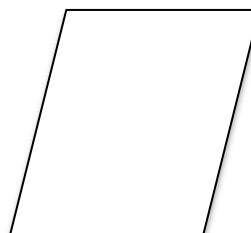
Recipe



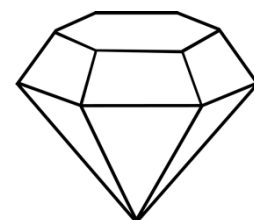
Redwood



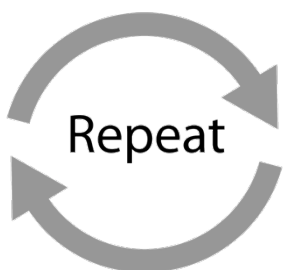
Remote



Rhombus



Ruby



Repeat



Remove



Roommate

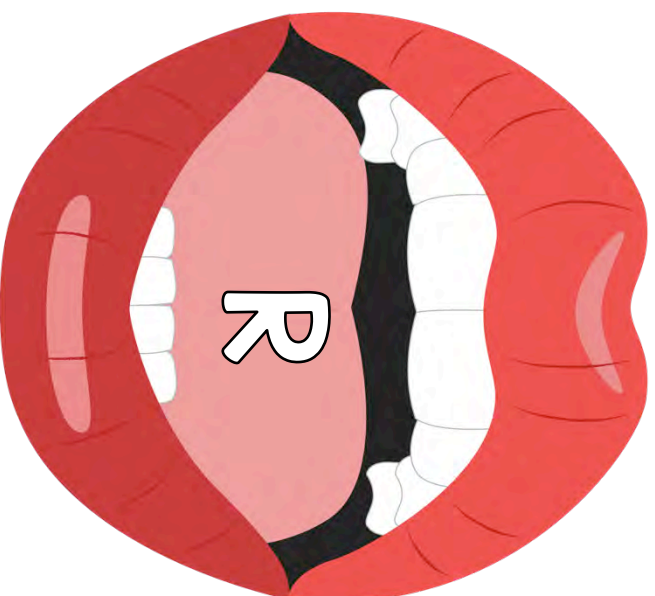


Respect

CONGRATULATIONS!

YOU HAVE MASTERED INITIAL "R"!

You are now **READY** to move onto more **REALLY** great words!



Name: _____

Date: _____