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Mastering Initial /R/ Directions

Important Note: This product is intended to accompany the video lessons.

Go to: <http://bit.ly/28UfRO0>

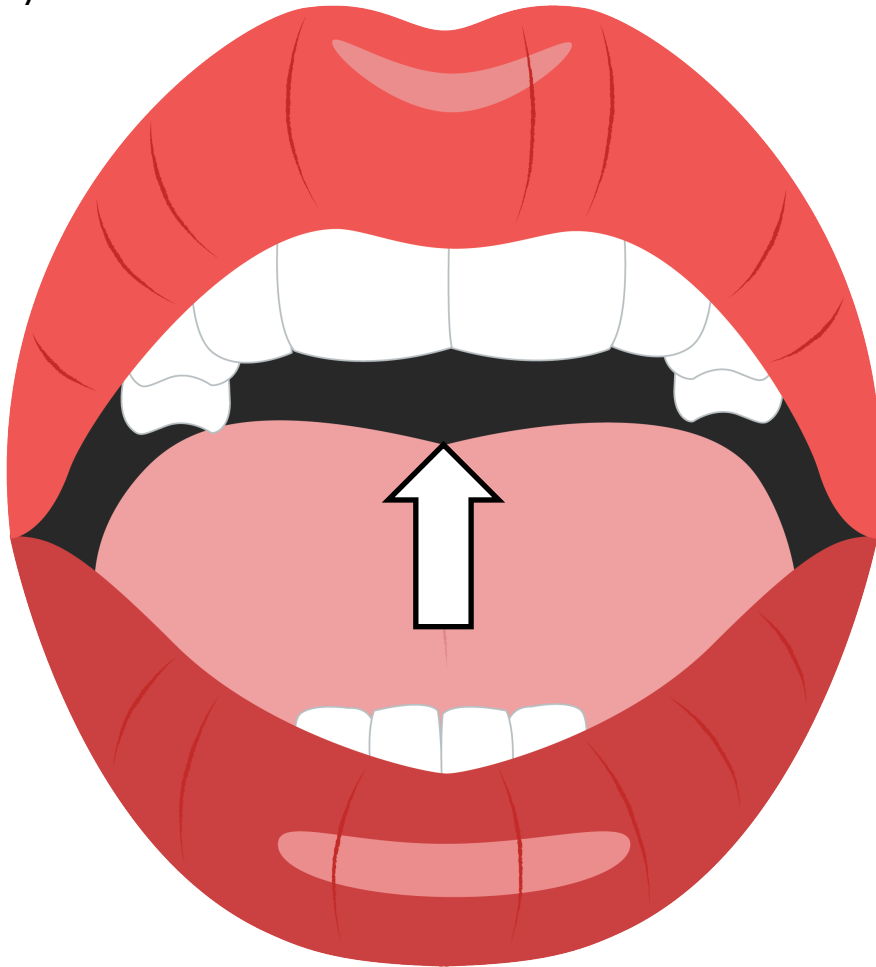
Set up an account and enroll in the free class called "Mastering /R/". Bookmark the class on your computer or iPad so that you can reference it with students.

Lesson 1:

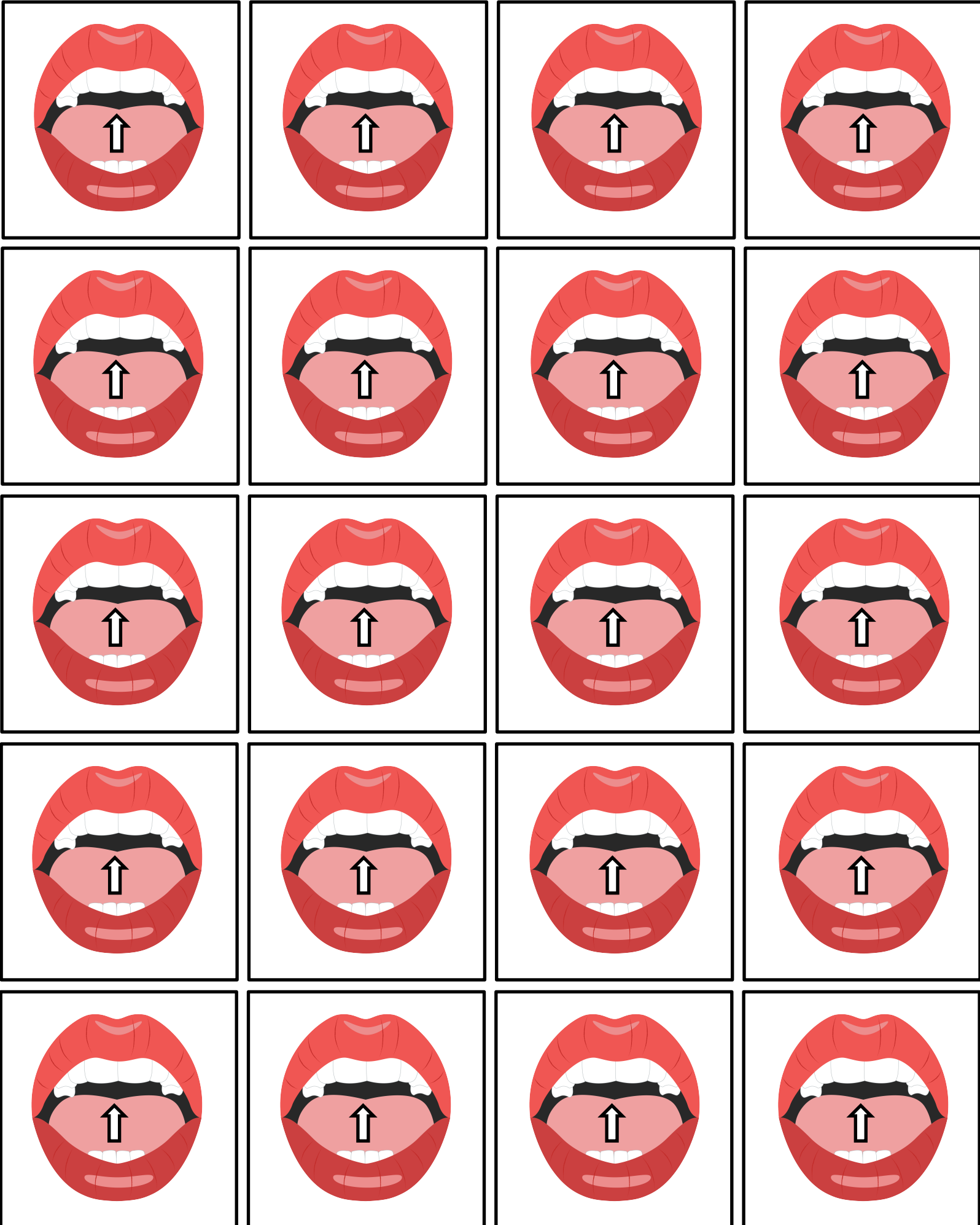
1. Tell students that although our goal is to learn the /r/ sound, for a few speech sessions we are just going to be doing tongue exercises to get our tongues ready for /r/.
2. Explain that the key tongue exercise that we will be practicing is called "puffy tongue". With a puffy tongue your tongue is stretched from one side of your mouth to the other side. It is pulled back. With a great puffy tongue, you cannot see the back of the mouth. Use the picture and the video lesson to demonstrate.
3. Spend the rest of the session working on creating a puffy tongue.
 - Use mirrors.
 - Demonstrate the puffy tongue multiple times and take pictures of your own puffy tongue.
 - Take videos of the student using "face cam" so they can watch themselves.
 - Tactile cues with dental swabs.
 - Lots and lots of feedback!
4. Repeat this lesson for up to three sessions until the student gets the puffy tongue.
5. The instant that the student gets a puffy tongue, take photos and praise. Have the student repeat the puffy tongue for as long as possible.
6. Give student the practice page. For each picture that they touch (or cover with a bingo chip), practice another puffy tongue.
7. Send the student home with the worksheet to practice their puffy tongue in front of a mirror at home.

LESSON 1: PUFFY TONGUE

To make a puffy tongue, pull your tongue back in your mouth and stretch the edges from side to side near your top molars. Keep your mouth open and make your tongue as wide as you can.



Each time that you correctly make a puffy tongue, cross off one mouth.



Each time that you correctly make a puffy tongue, cross off one mouth.

